

ESSEX WAY STAGE 7 - WEST BERGHOLT - DEDHAM (11.2 miles)

START - ST MARY'S CHURCH, WEST BERGHOLT (Map Ref: TL 953281)

Key

**L = left; R = right; TL = turn Left; TR = turn right; X = cross over;
CONT = continue; THRU = through; ST = stile; WM = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = Track; RD = road; KG = kissing gate.
All distances are approximate.**

- 1 TR** past church at WM onto narrow TK (hedge on **L**) following direction of overhead power cables. CONT 200M to emerge onto wide TK. 50M on **TL** and CONT following power cables (where main TK bears **R**). At WM CONT ahead on enclosed path 100M to barrier.
- 2 X RD** and CONT straight ahead on NEW CHURCH ROAD for 550M to end of RD. **TL X RD** at Zebra Xing (to CO OP) and **TL**. CONT 200M to RD junction (roundabout). **BEAR R** for 50M and **X RD** into ARMOURY ROAD.
- 3 CONT** down ARMOURY ROAD for 500M to FPS on **L** (just before half-timbered farmhouse). **TL** passing farmhouse (now on your **R**) for 50M and **BEAR R** into field. CONT 100M on field edge (hedge/ditch on **R**) to WM.
- 4 TL** and follow TK uphill over field (poplar tree just visible over the top) then down for 250M to **X FB**. CONT straight ahead 300M to other side of next field. **TL** and **X** earth bridge to WM. Here **TURN HALF RIGHT** (aim for corner of orchard) and **X** field *diagonally 200M to meet grass TK near WM. **TL** on TK and CONT 60M to meet tarmac lane. (*If field difficult to **X** go round the **R** edge.)
- 5 TR** and follow lane for 100M out past converted barns . CONT straight ahead for 600M to main RD (A134). **TL** and CONT (HALF BUTT INN on your **L**) for 500M to 2nd mini roundabout. Here **X MAIN RD** into IVY LODGE ROAD and CONT for 400M to bottom of hill and hidden FPS just after white SAXON HOUSE sign on **L**. (3 MILES)
- 6 TL** at FPS THRU metal barriers and CONT 350M on narrow TK to gravel track (wooden fence on your **R**). CONT ahead on track eventually concrete, (pass lake on your **L**) for 650M, following line of overhead cables. Just after passing under the cables, **TR** (to pass under them again by WM) and CONT on this track for 550M to woods, TL 20M TR to enter woods.
- 7 CONT** on TK to next WM. Cont on TK to WM. Exit wood. Here **BEAR L** out through lorry park and past buildings to RD. (If gates locked, pass to left hand side and CONT to RD).

- 8** **TL** at RD for 200M to RD junction. **TR** into HOLLY LANE. CONT down HOLLY LANE 900M. After passing white cottage (HOLLY LODGE COTTAGE) on your **R**, **TR** at FPSP. CONT for 70M between barns, nearer to wooden buildings on your **R**, **X** 30M of grass and CONT straight ahead at the WM.
- 9** Ahead on wide TK to WM. CONT to hedge/ditch at very far end of field.
At WM here **TL** and CONT (hedge/ditch now on your **R**) for 150M to RD.
(5.0 MILES)
- 10** At RD (FPS) **TR** for 100M to wooden FPS on **L** by 'DEDHAM VALE VINEYARD' sign. **TL** and follow wide gravel TK 200M to pass black wooden vineyard buildings (on your **R**). Here **BEAR L** and CONT on enclosed grass TK 250M before **X**ing to other side of hedge by FB at WM. **FIELD MAY BE OVERGROWN HERE**. CONT same direction as before (ditch on your **L**) 100M to RD opposite 'KERSEYS'.
- 11** At RD **TR** and CONT 250M (past WET LANE) to road signs. **TL** (signed NAYLAND) and CONT 250M to wooden FPS just after BOXTED HALL entrance.
- 12** At FPS **TR** and follow wide TK for 150M past wooden buildings. At TK junction **BEAR R** for 75M and just past more wooden buildings, (opposite Lt. Church Cottage), **TL** towards WM and follow field edge 200M to RD by Boxted Church.
(6.5 MILES)
- 13** **EITHER**: Go through churchyard – there is a water tap by the front gate – and **TL** at the RD.
OR: **TL** towards the old school. **TR** and follow narrow TK for 75M to RD.
TL at the RD.
- 14** CONT ahead on the RD for 1000M, and when it eventually starts going downhill **TR** at FPS just past pink cottage on your **R**, (CHASE COTTAGE).
- 15** CONT ahead following wide TK which soon goes downhill for 150M then uphill another 500M to FPS on **R**.
FORK R here, and CONT to end of Large metal building.
TL and CONT (wooden farm office on your **R**) to FPS to **R** of barn.
TL and follow field edge as it bears round **R**. **Ignore WM on L**.

- 16** At FP signpost TL past gate CONT straight **X** grass triangle and ahead on RD for 500M to FPS on **R** by wooden gate (just before **L** bearing bend in RD).
X stile and CONT ahead to **X** field for 300M aiming for 1st (sticking out!) corner. Follow edge of field (hedge on your **L**) for 100M passing house and **TL** THRU gap to enter gravel drive. **TR** and CONT 100M on drive to reach RD.
TL at RD for 30M to FPS on your **R**. **(8.1 MILES)**
- 17** **TR** up steps and **X** field for 400M. At WM (just before 1st tree) CONT ahead (ditch on **R**) 150M to next WM. **X** FB and then **X** field (slightly leftish) for 350M aiming for hedge gap and then aim for red brick lodge. Exit field by FPS at RD and **X** the RD.
- 18** CONT ahead on tarmac TK (beware speed bumps) 200M to TK junction. Bear **L** for 40M and **TR** to **X** FB and KG. **X** field, bearing slightly **L** and **X** KG and FB
- 19** CONT ahead 300M on field edge (trees on **R**) to where hedge starts. CONT ahead 100M with hedge on **L** to WM by gap in hedge. **DO NOT CUT CORNER**.
TR uphill following wide TK for 100M to MP where BR on enclosed path.
CONT ahead on wide TK to pass LANGHAM CHURCH.
(9.4 MILES). At end of next wooden fence and opposite metal gates, **TL** and CONT on tarmac drive (with church on your **L**).
CONT 650M to exit drive via ornate gates to RD.
- 20** **TL** and follow footpath downhill 150m.
TR just before large black/white arrows (chevrons) and **X** RDs and road bridge over A12 CONT downhill 100M and **TL** into hotel entrance (signed 'MILSOMS' on **L**).
- 21** Follow drive for 50M to end of hedge (on your **R**).
TR here (directly opposite start of the building). Follow TK downhill THRU trees for 75M thru gap.
- 22** CONT ahead 75M with river on **L** to pass THRU KG.
CONT ahead (river still on **L**) 200M to wooden gate. (Church is now your target).
TR THRU KG. **TL** & CONT ahead on good TK by field edge, church in the distance (hedge/trees on **L**) for 250M to farm.
Follow TK (farm on **L**) and CONT ahead on wide TK 150M to the RD.

TL at RD and follow for 200M to finish at *war memorial (just past church).

*** Map Ref: TM 058332**