

ESSEX WAY

| Cat  | No | Team Name                    | Running Total |         |         | Stage 1 |     |     | Stage 2 |     |     | Stage 3 |     |     | Stage 4 |     |     | Stage 5 |     |     | Stage 6 |     |     | Stage 7 |     |     | Stage 8 |     |     | Stage 9 |     |     | Stage 10 |    |    |    |     |    |    |    |     |    |    |   |
|------|----|------------------------------|---------------|---------|---------|---------|-----|-----|---------|-----|-----|---------|-----|-----|---------|-----|-----|---------|-----|-----|---------|-----|-----|---------|-----|-----|---------|-----|-----|---------|-----|-----|----------|----|----|----|-----|----|----|----|-----|----|----|---|
|      |    |                              | Tot Pts       | Cat Pos | Tot Pos | Pos     | Pts | Cat | Tot     | Pos | Pts | Cat     | Tot | Pos | Pts     | Cat | Tot | Pos     | Pts | Cat | Tot     | Pos | Pts | Cat     | Tot | Pos | Pts     | Cat | Tot | Pos     | Pts | Cat | Tot      |    |    |    |     |    |    |    |     |    |    |   |
| A 27 |    | Benfleet Men A               | 38            | 1       | 1       | 1       | 1   | 2   | 3       | 1   | 1   | 6       | 9   | 2   | 2       | 5   | 14  | 3       | 3   | 1   | 15      | 2   | 2   | 2       | 2   | 17  | 1       | 1   | 2   | 19      | 1   | 1   | 5        | 24 | 1  | 1  | 4   | 28 | 1  | 1  | 10  | 38 | 1  | 1 |
| A 30 |    | Springfield Striders Men A   | 42            | 2       | 2       | 5       | 6   | 1   | 6       | 2   | 2   | 1       | 7   | 1   | 1       | 2   | 9   | 1       | 1   | 3   | 12      | 1   | 1   | 14      | 26  | 2   | 2       | 5   | 31  | 2       | 2   | 3   | 34       | 2  | 2  | 7  | 41  | 2  | 2  | 1  | 42  | 2  | 2  |   |
| A 14 |    | Witham Mixed A               | 51            | 3       | 3       | 3       | 4   | 9   | 12      | 5   | 5   | 17      | 4   | 4   | 4       | 21  | 4   | 4       | 6   | 27  | 3       | 3   | 3   | 30      | 3   | 3   | 4       | 34  | 3   | 3       | 4   | 38  | 3        | 3  | 8  | 46 | 3   | 3  | 5  | 51 | 3   | 3  |    |   |
| A 21 |    | GFDR Men A                   | 52            | 4       | 4       | 2       | 3   | 4   | 6       | 2   | 2   | 13      | 19  | 5   | 5       | 3   | 22  | 5       | 5   | 7   | 29      | 4   | 4   | 8       | 37  | 4   | 4       | 7   | 44  | 4       | 4   | 2   | 46       | 4  | 4  | 3  | 49  | 4  | 4  | 3  | 52  | 4  | 4  |   |
| A 11 |    | Leigh-on-Sea Men A           | 69            | 5       | 5       | 4       | 5   | 5   | 9       | 4   | 4   | 2       | 11  | 3   | 3       | 1   | 12  | 2       | 2   | 21  | 33      | 5   | 5   | 10      | 43  | 5   | 5       | 11  | 54  | 5       | 5   | 8   | 62       | 5  | 5  | 5  | 67  | 5  | 5  | 2  | 69  | 5  | 5  |   |
| A 9  |    | Southend AC                  | 116           | 6       | 6       | 17      | 13  | 38  | 55      | 14  | 23  | 9       | 64  | 11  | 15      | 19  | 83  | 9       | 11  | 2   | 85      | 7   | 8   | 16      | 103 | 5   | 8       | 1   | 102 | 7       | 7   | 1   | 103      | 6  | 6  | 2  | 105 | 6  | 6  | 11 | 116 | 6  | 6  |   |
| A 26 |    | Halstead Men                 | 163           | 7       | 8       | 10      | 10  | 8   | 18      | 7   | 7   | 34      | 52  | 8   | 8       | 16  | 68  | 7       | 7   | 17  | 85      | 7   | 8   | 31      | 116 | 10  | 12      | 3   | 119 | 9       | 10  | 18  | 137      | 8  | 9  | 14 | 151 | 8  | 9  | 12 | 163 | 7  | 8  |   |
| A 43 |    | Billericay Striders A        | 166           | 8       | 9       | 34      | 25  | 11  | 45      | 12  | 20  | 33      | 78  | 16  | 22      | 10  | 88  | 12      | 15  | 5   | 93      | 9   | 10  | 1       | 94  | 7   | 7       | 13  | 107 | 8       | 8   | 7   | 114      | 7  | 7  | 27 | 141 | 7  | 7  | 25 | 166 | 8  | 9  |   |
| A 28 |    | Benfleet Men B               | 174           | 9       | 10      | 19      | 14  | 36  | 55      | 14  | 23  | 10      | 65  | 13  | 18      | 27  | 92  | 13      | 16  | 26  | 118     | 12  | 16  | 4       | 122 | 11  | 13      | 6   | 128 | 10      | 12  | 12  | 140      | 9  | 10 | 21 | 161 | 9  | 10 | 13 | 174 | 9  | 10 |   |
| A 12 |    | Leigh-on-Sea Men B           | 184           | 10      | 12      | 8       | 8   | 6   | 14      | 6   | 6   | 16      | 30  | 6   | 6       | 12  | 42  | 6       | 6   | 10  | 52      | 6   | 6   | 22      | 74  | 6   | 6       | 17  | 91  | 6       | 6   | 64  | 155      | 10 | 12 | 9  | 164 | 10 | 11 | 20 | 184 | 10 | 12 |   |
| A 40 |    | Thrift Green Trotters Men A  | 199           | 11      | 13      | 9       | 9   | 60  | 69      | 23  | 34  | 19      | 88  | 18  | 26      | 21  | 109 | 16      | 22  | 4   | 113     | 11  | 14  | 18      | 131 | 12  | 15      | 28  | 159 | 11      | 15  | 13  | 172      | 11 | 14 | 1  | 173 | 11 | 13 | 26 | 199 | 11 | 13 |   |
| A 31 |    | Springfield Striders Men B   | 225           | 12      | 16      | 20      | 15  | 37  | 57      | 18  | 28  | 3       | 60  | 9   | 12      | 58  | 118 | 18      | 25  | 8   | 126     | 14  | 20  | 12      | 138 | 13  | 16      | 25  | 163 | 12      | 16  | 21  | 184      | 12 | 16 | 35 | 219 | 12 | 16 | 6  | 225 | 12 | 16 |   |
| A 2  |    | Little Baddow A              | 249           | 13      | 17      | 6       | 7   | 15  | 21      | 8   | 8   | 23      | 44  | 7   | 7       | 33  | 77  | 8       | 10  | 57  | 134     | 17  | 23  | 20      | 154 | 14  | 21      | 29  | 203 | 13      | 17  | 19  | 222      | 13 | 17 | 19 | 249 | 13 | 17 | 27 | 249 | 13 | 17 |   |
| A 5  |    | Mid Essex Casuals Mixed      | 276           | 14      | 21      | 12      | 11  | 22  | 34      | 10  | 12  | 30      | 64  | 11  | 15      | 22  | 86  | 10      | 13  | 13  | 99      | 10  | 13  | 9       | 108 | 9   | 10      | 66  | 174 | 13      | 17  | 44  | 218      | 15 | 21 | 18 | 236 | 14 | 20 | 40 | 276 | 14 | 21 |   |
| A 29 |    | Benfleet Men C               | 285           | 15      | 22      | 26      | 20  | 24  | 50      | 13  | 22  | 64      | 114 | 27  | 38      | 28  | 142 | 23      | 34  | 19  | 161     | 20  | 29  | 26      | 187 | 18  | 27      | 15  | 202 | 17      | 24  | 58  | 260      | 20 | 28 | 10 | 270 | 16 | 24 | 15 | 285 | 15 | 22 |   |
| A 42 |    | Castle Point Joggers         | 300           | 16      | 24      | 25      | 19  | 12  | 37      | 11  | 13  | 25      | 62  | 10  | 14      | 25  | 87  | 11      | 14  | 38  | 125     | 13  | 19  | 45      | 170 | 16  | 24      | 12  | 182 | 15      | 20  | 38  | 220      | 16 | 22 | 38 | 258 | 15 | 22 | 42 | 300 | 16 | 24 |   |
| A 10 |    | Eton Manor AC                | 310           | 17      | 26      | 50      | 35  | 10  | 60      | 19  | 30  | 28      | 88  | 18  | 26      | 17  | 105 | 24      | 30  | 23  | 128     | 15  | 21  | 39      | 167 | 15  | 23      | 35  | 202 | 17      | 24  | 41  | 243      | 18 | 26 | 29 | 272 | 18 | 26 | 38 | 310 | 17 | 26 |   |
| A 70 |    | Mornington Chasers           | 312           | 18      | 27      | 65      | 47  | 21  | 86      | 29  | 42  | 53      | 139 | 34  | 49      | 24  | 163 | 29      | 42  | 9   | 172     | 23  | 33  | 19      | 191 | 19  | 28      | 10  | 201 | 16      | 23  | 6   | 207      | 14 | 18 | 68 | 275 | 19 | 27 | 37 | 312 | 18 | 27 |   |
| A 7  |    | Thurrock Nomads A            | 323           | 19      | 28      | 36      | 27  | 34  | 70      | 24  | 35  | 18      | 88  | 18  | 26      | 53  | 141 | 22      | 33  | 32  | 173     | 25  | 35  | 43      | 216 | 24  | 34      | 8   | 224 | 20      | 30  | 19  | 243      | 18 | 26 | 28 | 271 | 17 | 25 | 52 | 323 | 19 | 28 |   |
| A 6  |    | Harwich Runners              | 332           | 20      | 30      | 21      | 16  | 3   | 24      | 9   | 9   | 44      | 68  | 14  | 19      | 39  | 107 | 15      | 21  | 22  | 129     | 16  | 22  | 57      | 186 | 17  | 26      | 27  | 213 | 19      | 28  | 61  | 274      | 21 | 31 | 54 | 328 | 24 | 35 | 4  | 332 | 20 | 30 |   |
| A 33 |    | Springfield Striders Mixed B | 332           | 20      | 30      | 16      | 12  | 48  | 64      | 21  | 32  | 7       | 7   | 15  | 20      | 65  | 136 | 21      | 30  | 20  | 156     | 19  | 27  | 47      | 203 | 20  | 30      | 51  | 254 | 22      | 33  | 26  | 280      | 23 | 34 | 31 | 311 | 22 | 32 | 21 | 332 | 20 | 30 |   |
| A 22 |    | GFDR Men B                   | 332           | 20      | 30      | 47      | 32  | 54  | 101     | 36  | 52  | 14      | 115 | 28  | 39      | 18  | 133 | 20      | 29  | 39  | 172     | 23  | 33  | 34      | 206 | 23  | 33      | 21  | 227 | 21      | 31  | 10  | 237      | 17 | 25 | 52 | 289 | 20 | 29 | 43 | 332 | 20 | 30 |   |
| A 32 |    | Springfield Striders Mixed A | 343           | 23      | 33      | 31      | 23  | 31  | 62      | 20  | 31  | 17      | 79  | 17  | 23      | 67  | 146 | 24      | 35  | 18  | 164     | 21  | 30  | 41      | 205 | 22  | 32      | 55  | 260 | 24      | 35  | 14  | 274      | 21 | 31 | 41 | 315 | 23 | 34 | 28 | 343 | 23 | 33 |   |
| A 37 |    | Ilford AC Mixed A            | 369           | 24      | 35      | 55      | 39  | 63  | 118     | 45  | 66  | 31      | 149 | 37  | 52      | 41  | 190 | 38      | 52  | 34  | 224     | 36  | 50  | 5       | 229 | 25  | 37      | 30  | 259 | 23      | 34  | 37  | 296      | 24 | 35 | 6  | 302 | 21 | 31 | 67 | 369 | 24 | 35 |   |
| A 17 |    | Tiptree A                    | 382           | 25      | 37      | 60      | 43  | 41  | 101     | 36  | 52  | 4       | 105 | 24  | 34      | 11  | 116 | 17      | 24  | 51  | 167     | 22  | 31  | 67      | 234 | 27  | 39      | 49  | 283 | 28      | 41  | 15  | 298      | 25 | 36 | 51 | 349 | 26 | 37 | 33 | 382 | 25 | 37 |   |
| A 3  |    | Little Baddow B              | 393           | 26      | 38      | 30      | 22  | 46  | 76      | 27  | 39  | 58      | 134 | 32  | 44      | 26  | 160 | 27      | 39  | 58  | 218     | 35  | 49  | 24      | 242 | 29  | 41      | 58  | 300 | 34      | 47  | 28  | 328      | 28 | 40 | 20 | 348 | 25 | 36 | 45 | 393 | 26 | 38 |   |
| A 15 |    | Witham Mixed B               | 399           | 27      | 39      | 53      | 37  | 18  | 71      | 25  | 36  | 26      | 97  | 21  | 30      | 66  | 163 | 29      | 42  | 50  | 213     | 32  | 45  | 44      | 257 | 33  | 47      | 34  | 291 | 30      | 43  | 23  | 314      | 26 | 37 | 56 | 370 | 27 | 39 | 29 | 399 | 27 | 39 |   |
| A 56 |    | Pitsea Mixed B               | 403           | 28      | 40      | 54      | 38  | 61  | 115     | 44  | 65  | 45      | 160 | 44  | 62      | 9   | 169 | 34      | 47  | 25  | 194     | 27  | 39  | 70      | 264 | 34  | 48      | 44  | 308 | 36      | 51  | 22  | 330      | 29 | 41 | 55 | 385 | 32 | 44 | 18 | 403 | 28 | 40 |   |
| A 8  |    | Thurrock Nomads Z            | 418           | 29      | 41      | 32      | 24  | 33  | 65      | 22  | 33  | 51      | 116 | 29  | 40      | 43  | 159 | 26      | 38  | 31  | 190     | 26  | 38  | 56      | 246 | 30  | 43      | 57  | 303 | 35      | 48  | 32  | 335      | 32 | 44 | 37 | 372 | 28 | 40 | 46 | 418 | 29 | 41 |   |
| A 47 |    | East London Runners A        | 419           | 30      | 42      | 48      | 33  | 7   | 55      | 14  | 23  | 46      | 101 | 22  | 31      | 20  | 121 | 19      | 26  | 24  | 145     | 18  | 25  | 58      | 203 | 20  | 30      | 60  | 263 | 25      | 36  | 53  | 316      | 27 | 38 | 62 | 378 | 31 | 43 | 41 | 419 | 30 | 42 |   |
| A 73 |    | Leigh on Sea Mixed           | 425           | 31      | 43      | 66      | 48  | 39  | 105     | 41  | 59  | 21      | 126 | 30  | 42      | 60  | 186 | 37      | 51  | 48  | 234     | 37  | 51  | 30      | 264 | 34  | 48      | 18  | 282 | 27      | 40  | 51  | 333      | 30 | 42 | 43 | 376 | 30 | 42 | 49 | 425 | 31 | 43 |   |
| A 49 |    | Pitsea Mixed A               | 431           | 32      | 44      | 49      | 34  | 62  | 111     | 42  | 61  | 47      | 158 | 41  | 58      | 8   | 166 | 33      | 46  | 36  | 202     | 29  | 41  | 50      | 252 | 32  | 45      | 26  | 278 | 26      | 38  | 57  | 335      | 32 | 44 | 61 | 396 | 35 | 48 | 35 | 431 | 32 | 44 |   |
| A 48 |    | East London Runners B        | 431           | 32      | 44      | 56      | 40  | 58  | 114     | 43  | 63  | 37      | 151 | 38  | 53      | 13  | 164 | 31      | 44  | 37  | 201     | 28  | 40  | 64      | 265 | 36  | 50      | 32  | 297 | 33      | 46  | 48  | 345      | 36 | 48 | 47 | 392 | 34 | 46 | 39 | 431 | 32 | 44 |   |
| A 4  |    | Little Baddow C              | 431           | 32      | 44      | 38      | 28  | 42  | 80      | 28  | 40  | 22      | 102 | 23  | 32      | 55  | 157 | 25      | 36  | 55  | 212     | 31  | 44  | 25      | 237 | 28  | 40      | 59  | 296 | 32      | 45  | 40  | 336      | 34 | 46 | 36 | 372 | 28 | 40 | 59 | 431 | 32 | 44 |   |
| A 1  |    | Flyers Southend A            | 440           | 35      | 48      | 58      | 41  | 45  | 103     | 39  | 56  | 8       | 111 | 25  | 36      | 50  | 161 | 28      | 40  | 52  | 213     | 32  | 45  | 17      | 230 | 26  | 38      | 56  | 286 | 29      | 42  | 52  | 338      | 35 | 47 | 48 | 386 | 33 | 45 | 54 | 440 | 35 | 48 |   |
| A 41 |    | Thrift Green Trotters Men B  | 454           | 36      | 49      | 22      | 17  | 65  | 87      | 30  | 43  | 43      | 130 | 31  | 43      | 42  | 172 | 35      | 49  | 43  | 215     | 34  | 47  | 55      | 270 | 38  | 52      | 100 | 370 | 39      | 56  | 45  | 415      | 39 | 56 | 16 | 431 | 37 | 54 | 23 | 454 | 36 | 49 |   |
| A 16 |    | Hockley Trail Runners        | 463           | 37      | 51      | 51      | 36  | 23  | 74      | 26  | 38  | 39      | 113 | 26  | 37      | 52  | 165 | 32      | 45  | 46  | 211     | 30  | 43  | 37      | 248 | 31  | 44      | 40  | 470 | 39      | 56  | 41  | 479      | 39 | 56 | 63 | 397 | 36 | 49 | 66 | 463 | 37 | 51 |   |
| A 20 |    | Tiptree D                    | 493           | 38      | 55      | 62      | 45  | 68  | 130     | 48  | 69  | 48      | 178 | 47  | 68      | 36  | 214 | 43      | 61  | 61  | 275     | 42  | 60  | 68      | 343 | 44  | 62      | 52  | 395 | 45      | 64  | 43  | 438      | 43 | 61 | 33 | 471 | 42 | 59 | 22 |     |    |    |   |