

**ESSEX WAY STAGE 1 - EPPING to CHIPPING ONGAR (7.5 miles)**

**START - EPPING STATION (MapRef: TL 462016)**

**Key**

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;  
CONT = continue; THRU = through; ST = stile; WM = waymark;  
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);  
TK = track; RD = road; KG = kissing gate.**

**All distances are approximate**

- 1 X railway FB and TL. Ahead 100M to main RD. X main RD and TR for 50M downhill to FPS.  
TL and go ahead 150M (hedge on your R) to field. CONT ahead HALF R 200M to gap in hedge. THRU gap and TL. Ahead 400M to meet RD by red brick house.**
- 2 TL at RD for 30M and TL at FPS. Ahead 150M and bear R at fork (WM). Follow enclosed TK for 700M to small clearing. X clearing straight over, under power lines, and CONT on track (more power lines on your R) 250M to RD.**
- 3 At RD TR ('Theydon Oak' pub on your L)X RD and continue for 100M. TL at FPS by twin telegraph poles just BEFORE red 'PRIVATE' sign on tree.**
- 4 Pass THRU posts and CONT ahead 75M to go THRU gap. Bear L (keeping hedge on your L) for 350M to gap. THRU gap follow field edge L (it is legitimate to partly cut this corner) 300M to gap. THRU gap and ahead 300M to ST beside the Nomads' bench.**
- 5 X ST (or THRU gap in fence) and FB and TL immediately at WM. CONT 250M (ditch on L/woods on R) over 2 FBs then bearing L up steps & CONT on TK to WM. At WM TR to follow TK for 200M past school on your L to KG. THRU KG to cricket field. (2 miles)**
- 6 Follow R edge of cricket field 40M to end of fence. TR down steps, ignore TK on R. 5M on, at TK fork, take R fork THRU woods to new red dirt path & finally over ramp to FPS. At FPS TR.**
- 7 CONT ahead 250M and X FB over M 11 (enjoy the view!!). Ahead 200M on TK with fields on your L to join wide TK. Straight ahead – do NOT bear R (keep wooden fence on your L) short way on Wide TK then narrow TK to enter forest.  
**ABSOLUTELY STRAIGHT AHEAD 900M (ignore all crossing tracks) to X low bank ahead, X bridleway to WM & X 2<sup>nd</sup> low bank shortly to another WM.****

- 8 ABSOLUTELY STRAIGHT AHEAD** (on narrow TK now) for 400M to emerge at field. Straight ahead 500M on grass TK between fields to corner of small wood. Ahead 450M uphill (wood on your **R**) and follow TK over open land to corner of wooded area. **TAKE CARE NOW.**
- 9** Ahead 70M and **TR** (WM) **THRU** gap – warning, easily missed (**DO NOT GO UP TO THE WATER TOWER**). **X** field diagonally **L** towards wooden power cable pole (uphill of the obvious pole straight across from the gap). Go **THRU** gap just before pole. **CONT** ahead 300M with hedge on your **L** (ignore turnings to **L**). At field corner **CONT** ahead to **ST**.  
**X ST** and go ahead between electric fences 200M to **X ST** at main RD. **(4.5 miles)**
- 10** At RD **TL**. Pass ‘Green Man’ pub (sorry!!). **CONT** 500M on this main RD to sharp **L** bend with large black and white chevron signs. **TR** here, **X** grass (keeping houses/cottages ‘Weald’s Farm’ on your **R**). Ahead **THRU** gap into field. **TR**. Follow field edge for 30M and **TR X FB** and immediately **TL**.
- 11** Ahead 150M on narrow track (wire fence on your **R**) to **X FB** and **ST**. Ahead 150M on **L** field edge to **X ST** and **FB**. Ahead 800 M on **L** field edge (**KEEP HEDGE ON YOUR L AT ALL TIMES**) to pass black wooden farm building ‘Widow’s Farm’ (on your **R**). At fence corner **CONT** ahead 40M on **L** field edge to **WM**. **TL THRU** wooden **KG**.
- 12** **Ahead THRU** 4 paddocks and metal curtain gates (lift clasp, pull posts apart). Bear **L** downhill 40M and **TL THRU wooden KG**.
- 13** **TR** and follow **R** field edge closely 150M to **FPS** at RD. **X RD HALF L** (**Do NOT enter ‘GREENSTED WOOD FARM**) and **X FB**. Ahead 400M on **L** field edge (under twin power lines) to **X FB**. Follow **L** field edge 400M to go **L** of fence by lone tree. Ahead following **L** field edge (fence on your **R**) 200M to **X FB** to partially concreted **TK**.
- 14** **TR** uphill 100M to **WM** and **THRU** forecourt of brown wooden houses. **CONT** uphill and pass Greensted Church to **FPS**. **TL** at **FPS** (Ongar) and ahead 40M to pass **THRU** wooden gate in white metal railings. Ahead **SLIGHTLY L** to gap. Ahead **HALF L** barbed wire fence on your **R** to follow field edge 200M to **KG** and tarmac **TK**. **X** tarmac **TK** and **X FB**. Straight ahead 850M on obvious **TK**. **Eventually over concrete bridge to \*finish stage uphill past Sainsbury’s in Chipping Ongar.**  
\* Map Ref: **TL 552032**

## ESSEX WAY STAGE 2 - CHIPPING ONGAR to GOOD EASTER (9.5 miles)

START - CHIPPING ONGAR (Banson's Lane Car Park – Map Ref: TL 552031)

### Key

**CONT = continue; EP = enclosed path; FB = footbridge (normally wood);  
FPS = footpath (or bridleway) sign; KG = kissing gate; L = left;  
R = right; RD = road; ST = stile; THRU = through; TK = track;  
TL = turn left; TR = turn right; WM = waymark; X = cross;  
All distances are approximate**

Para 2 shows diversion via the “Three Forests Way”

- 1 **X** main RD by Zebra Xing and **TR**. Ahead 100M to large round ‘Ongar’ sign & **TL**. **CONT** past ‘The White House’ gates bearing **R** into narrow alley. **TL** at RD. **THRU** KG and **CONT** ahead on **TK**, passing farm buildings (on your **R**), staying on main **TK** as it twists and turns until it eventually goes under power cables. Immediately **TL** and follow **TK**, in direction of power cables, to corner. **TR** downhill. At **WM** on **R** **CONT** ahead. (0.9 miles)
- 2 **CONT** ahead on wide **TK** to **X FB**. Turn half **L**. After **TK X**'s ditch, **BEAR R** with path, **CONT** ahead, **THRU** gap (**WM**) to **RD** (Mill Lane) **TL**. At road junction **TR** (The Street) and **X RD with care**. **CONT** to just before Pub (Foresters Arms) **TL**, **THRU** Car Park, to gap between fence and hedge. **X** field to **X ST** (in hedge), down steps to **RD** (A414). **X RD WITH CARE** to steps up to **X ST**. **CONT** ahead on path. **CONT** ahead with trees on **R**. At **WM**, just before 4<sup>th</sup> Power Pole, **TR** to **RD** (**WM**). **TL** on **RD** to **RD** hump (**WM**). **TL** down slope then **TR** to **X** field. At **RD** (**WM**) **CONT** ahead on **RD**, go between buildings of “Little Forest Hall”, to pass half barrier. **CONT** ahead **WM** on **L**, trees both sides. At **WM** **CONT** ahead, pass trees on your **L**. At **WM** **CONT** ahead **X** field. At **WM X FB**, **CONT** ahead. At **WM** (on **R**) **CONT** ahead to “ESSEX WAY” **WM**. (2.9 miles)
- 3 **TR** into \*green lane (hedges both sides). Exit green lane and **CONT** on broad **TK** to **RD**.  
\*[DO NOT FOLLOW THE FIELD EDGE – it is NOT a public right of way and the landowners now object strongly.]
- 4 **CONT** ahead on **RD** for 90M and then **TR** at **FPS** (Bridleway) by telegraph post into green lane. **CONT** ahead to emerge at field edge for 250M then re-enter green lane and **CONT** ahead to **RD**.
- 5 **TR** to **CONT** on **RD** passing ‘The Barn’, ‘Little Witney Green’, & ‘Wit’s End’ (on your **L**) and then, 30M after ‘Private Road’ sign, **TR X FB** (**WM**). Follow **EP** to **WM**. **TL** **X** field. **THRU** gap in hedge (seen soon) at **WM**, **CONT** ahead **X** field to exit by **WM** and **FB** to **RD**. (4¼ miles)

- 6** At RD **TL** for 400M (Take care, bends in RD). Where RD bends **L** at road sign, Millers Green Road, **CONT** ahead and **IMMEDIATELY TR** at FPS **THRU** hedge, **X FB** and **TL** (keep hedge/fence on **L**). 20M after path turns **L**, **TR** (aim for church tower) to **X** field and **X FB** (**WM**). **TL** before bearing **R**. At **WM** **CONT** ahead on field edge uphill, ignore **L** turnings, (**TAKE CARE: HOLES IN TK**), to eventually **TL** to **X FB**, **TR** to go **THRU** gate, and pass between Willingale churches to RD. (**5 miles**)
- 7** **X RD** & **CONT** ahead at FPS (between wooden fences then with hedge on **R**) for 2½ fields, then at wide hedge gap, **X** to follow other side of hedge, in same direction, to **WM** just before field corner. **TL** over **FB** and **CONT** ahead (hedge on **R**) to corner. **TR**, **X** ditch and **TL**. **CONT** with hedge on **L** to **WM** at field corner.
- 8** **TR** following **TK**, ditch on **L**, for 100M to **TL** at **WM** and **X FB** (**WM**) over ditch and straight ahead on **TK** (ditch on **L**) for 300M to arrive at RD (**Take Care**).
- 9** **X RD** & **CONT** ahead on Byway (**L** of power pole) for 700M to T junction at narrow lane (**WM**). **TR** and **CONT** for 500M then **TL** at FPS on bend (25M before 'Private Property' sign). (**6½ miles**)
- 10** **CONT** 1000M (turning **R** with **TK**) & **TL** at sharp corner then 1300M on **TK**, ignoring any **TKs** off, to eventually emerge at FPS by lane. **CONT** ahead on lane for 500M to main RD. (**8¼ miles**)
- 11** **X MAIN RD HALF L** to FPS (just **R** of lay-by) and **CONT** on Byway for 900M (hedge on **R** at first then bearing **R** to go between hedges at **WM**). Emerge on hard surfaced lane passing house and barn to reach RD at junction.
- 12** **TL** over bridge, pass 2 white houses and then **VERY** soon **TL** at FPS just after telegraph post into **EP**. At end **TL**, follow **L** side of field to **X FB** in corner and **TR**. **CONT** 200M up **R** edge of field to FPS and **CONT** ahead **X** field aiming for **R(ish)** side of church spire.
- 13** At **WM X FB** and follow **L** edge of graveyard to pass **L** side of church exiting onto RD. **TL** and finish is 150M away by **\*CROSSROADS**. (**9½ miles**)

**\* Map Ref: TL 625122**

## ESSEX WAY STAGE 3 - GOOD EASTER to LITTLE LEIGHS (9.5 miles)

### START - GOOD EASTER (Map Ref: TL 626123)

#### Key

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;**  
**CONT = continue; THRU = through; ST = stile; WM = waymark;**  
**FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);**  
**TK = track; RD = road; KG = kissing gate.**  
**All distances are approximate**

- 1 From crossroads follow **RD** signed 'Pleshey' for 50M to FPS (Bridleway) and **TL**. Ahead 10M and **TR** at FPS to follow field edge (houses to **R**) for 200M to TK junction. At TK junction turn **L** and **CONT** with ditch, then hedge, on your **R** for 650M to **X** FB to RD.
- 2 **TR** at RD and **CONT** for 300M to 2<sup>nd</sup> sharp **R** bend in RD (ignore 1<sup>st</sup> bend and FPS). **TL** here (FPS) onto Byway and **CONT** 500M to sharp **L** turn. Here **TR** at red gate with WM. **CONT** ahead 300M, between fences, to black metal gate. **IGNORE L OR R TURNS** follow enclosed bridleway for 1200M to RD (Stagden Cross).  
**(2 MILES)**
- 3 At RD **TR**, past red postal box, for 50M to RD junction. **CONT** ahead, signed 'Chelmsford', for 150M and turn **L** at FPS (BYWAY) just after end of hedge. Ahead on gravel TK between trees (ignoring **L/R** turns) for 1000M to emerge at field. **CONT** ahead on field edge track, with hedge and ditch on **R**, eventually becoming TK for 1000M to RD (just after farm buildings on your **R**).
- 4 At RD **CONT** straight ahead for 400M (passing 'Pleshey Grange' & red post box on your **R**) to **TR** (at FPS) onto Bridleway opposite road junction. **CONT**, sticking to main bridleway at all times, for 800M to RD.  
**(4 MILES)**
- 5 At RD **TL** and follow main road through Pleshey village (ignore **L** RD turns) for 850M to reach Anglia Water metal gate, on your **R**, just past 'Mount House'. Go up to gate and **TL** following extremely close by fence then ditch (on your **L**) for 450M passing WM to **X** ditch on earth bridge by another WM.
- 6 Immediately **TR**, ditch now on your **R**, and **CONT** ahead on field edges for 1000M to where concrete bridge crosses ditch. **TL** for 50M towards reservoir and **TR** at WM following TK at bottom of bank.
- 7 **TL** (with field edge) for very short distance then **TR** & **CONT** on TK with hedge on your **L** (**ditch parallel on R about 50M away**). Follow this TK for 450M until just before next reservoir. **TR off main TK** at WM for 50M and **CONT** on TK as it bears **L**. Follow **TK** (bank on **L**, ditch on **R**) for 200M to RD.

- 8** **X** RD to FPS and CONT ahead, hedge on your **L**, for 800M (ignoring path to **L**) to reach RD (Great Waltham). **(6.5 MILES)**
- 9** **X** main RD to FPS and go THRU KG. CONT slightly half **R** (ish) across park passing just to **R** of metal railings encircling three trees to reach white KG after 200M. THRU KG, immediately **X** drive and pass THRU another KG. CONT 100M across park to next KG. Pass THRU this KG and **TR** on drive.
- 10** CONT 250M down drive and bear **L** at end (Pets' cemetery) to soon **X** bridge over river and CONT short distance to **X** next bridge. Immediately **bear L** for 50M across grass to white KG. Pass THRU KG and CONT ahead, fence on **L**, 450M to **X** ST and **X** RD to FPS. CONT ahead, fence and ditch on **L**, for 400M to **X** ST and reach main RD (A130, Essex Regiment Way). to FPS. **(7.5 MILES)**
- 11** CONT ahead, with ditch then hedge on **L**, 200M to field corner (telegraph post). CONT ahead THRU gap following line of telegraph posts to next corner. CONT ahead THRU gap and **X** FB to CONT with hedge/ditch on **L** (passing under triple overhead wires) for 800M to eventually pass between two tall hedges and reach RD by group of buildings.
- 12** At RD **TL** and follow RD **THRU** Chatham Green Village for 500M to RD junction. **X** straight over past FPS and 'NO THROUGH ROAD' sign & **CONT** on concrete TK (houses on your **R**). TK becomes dirt/grass. **CONT** straight ahead (ignore TK on **L**) to emerge at field. **X** field slightly **R** to gap by FPS.
- 13** CONT ahead with hedge on **R** for 250M to where fence starts. Immediately **TL** on broad grass TK (wire fence on **R**) for 100M and **TR** at FPS. CONT ahead, with hedge on left, for 300M to reach lane by \*Little Leighs Church. **(9.5 MILES)**

**\* Map Ref: TL 719167**

**ESSEX WAY STAGE 4 - LITTLE LEIGHS TO CRESSING** (10.1 miles)

**START - St JOHN'S CHURCH (Map Ref: TL 719167)CM3 1PQ**

**Key**

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CONT = continue; THRU = through; ST = stile; WM = waymark;  
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);  
TK = track; RD = road; KG = kissing gate.**

**All distances are approximate      Each paragraph covers about 1 mile**

- 1** Ahead (church on your **L**) and take first lane on **R**  
CONT 200M to junction and **TR** on White's Lane.  
CONT 300M to track, ahead between bollards follow TK for 300M round bends.  
Through underpass, bear left between bollards, bear **R** and **X RD**.  
**TR** to Essex Way Signpost cross **ST** and down steps.  
**TR** onto field edge CONT 150M with ditch/stream on **R** and **X FB**.  
CONT 150M passing works gate, **TL** at **FPS** keeping fence on your **L** for 100M.
- 2** **X** through gap in fence **TR**, fence and hedge on your **R**, and CONT 350M almost to field corner.  
 $\frac{1}{4}$  **L** to go through gate, CONT 150M with hedge then fence on **L** to redundant **ST**.  
**X ST** in fence on **L**, **TR** on field edge soon bear  $\frac{1}{2}$  **L**, passing power pole to **RD**.  
**TR** on **RD** for 80M, **TL** at **FPS** (before ford) up steps and thru gate.  
**TR** with hedge on your **R** (ignore gap in hedge to **R**) CONT for 150M.  
CONT THRU hedge gap to **X** gate, CONT 200M across field, **X FB** and **ST**.  
CONT 450M across field (may be boggy!!) with hedge on your **L** & **X ST** to **RD**.
- 3** **X RD**, bearing **R** to green metal barrier  
**TL** on track with hedge on **L** for 50M.  
At end of hedge CONT uphill in same direction on TK for 450M to ditch corner.  
CONT ahead, with ditch then hedge on **L**, for 120M to field corner.  
**TL** for 100M, **TR** for 150M and pass **L** of house to **RD**.  
**TR** on **RD**, at junction keep **R** CONT 250M.  
At **FPS TR** (just after Rose Cottage).  
CONT with hedge on **R** for 100M, **TR** over earth bridge.  
**TL** and follow hedge on **L** for 300M (ignore gap on **L** at **WM**) 20M after field corner  
**TL** at **FPS** CONT on **LHFE** to **FB**.
- 4** **X FB** and CONT straight ahead 50M THRU gap.  
CONT 350M uphill with wood on **L**, at end of wood **TL** (wood still on **L**).  
After 200M CONT straight ahead THRU hedge gap (ignore TKs turning **L** and **R**).  
CONT 250M to corner of wood and **WM**. **TL** for 50M then **TR** at **WM**.  
**X** field on grass TK 250M to gap in hedge cont. **SA** with wire fence on **L** 50M past metal gate on **L**. **SA** on TK for 250M (becoming metallated) passing Keepers Cottage

- 5** **TL** at RD junction (pond on **R**). After 250M ignore lane on **L** and **CONT** 75M.  
**TL** at RD junction (Hull Lane). **CONT** on RD for 250M (ignore “Mill Lane” on **L** to Windmill).  
**TL** at RD junction down “Norman Hill” **CONT** 400M to ford.  
**X** **FB** and walkway then **CONT** 75M uphill.  
At RD junction, **X** RD diagonally **L** and **TR** at **FPS** onto **TK**. **CONT** 200M passing to **R** of metal gate, to hedge.  
Bear **L** then **R**. **CONT** 250M (with hedge on **R**) to field corner and **WM**.
- 6** **TL** downhill (hedge on **R**) for 375M to field corner, **TR** **THRU** hedge gap.  
**TL** and after 25M **THRU** another hedge gap (**WM**) **TR** (hedge on **R**) for 300M.  
At **WM** post on **R** (30M from end of field) **TL** across field **THRU** plantation for 75M.  
At **WM** **X** **FB** into wood, **CONT** **THRU** wood on gently meandering **TK** for 100M.  
Exit wood and **TR** for 150M (wood on **R**) to **WM**.  
**TL** and cross field 250M to **X** **FB** and **CONT** across field 75M, pass redundant **ST**,  
**CONT** 75M on enclosed **TK**,  
**TR** and **X** **FB**. **TL** for 75M **THRU** cemetery to **RD**.
- 7** **TR** along **RD** 200M to junction, **TR** for 250M passing **FPS**.  
**TL** at 2<sup>nd</sup> **FPS** (with **EW** sign) onto metalled **TK**, follow **TK** for 500M passing Troys Hall. **TK** becomes green & enclosed for 600M **THRU** bends and **THRU** metal gate.
- 8** **CONT** 100M, **TL** on concrete track 500M at concrete area and **WM** bear **L** into enclosed path ( **DO NOT CONT.ALONG CONCRETE TRACK**) and **CONT** 550M to cross Maltings Farm yard to **RD**. **X** **ROAD** **TL** for 70M, **TR** at **FPS** (signed ‘Whiteways’). **CONT** 250M to ‘Whiteways’, bear **L** at White gate onto grass 50M to **WM**.
- 9** **THRU** gap, **CONT** straight ahead (hedge to **L**) 350M to **X** **FB**.  
**TL** (with hedge on **R**) for 250M. **X** **FB** and **X** **ST**.  
**CONT** for 200M to **X** **ST**, **CONT** 150M along drive, **THRU** **KG** and **CONT** to **RD**.  
**TR** for 30M to **FPS** (on your **L**). **TL** along lane for 300M to Fambridge Hall.  
Bear **L** to pass in front of house, barn to **R**.  
At **WM** bear **L** onto grass **TK**, passing fence & barn, **CONT** for 200M  
At **TK** junction (**WM** on **R**) **TR** **THRU** hedge gap onto field edge for 100M  
**CONT** ahead under railway bridge.
- 10** Bear **R** and **CONT** along **TK** for 150M.  
**CONT** with hedge on **R** for 250 M and with hedge on **L** for 500M to Newbarns Farm.  
At **WM** **TL** **THRU** hedge and **TR** to **RD**, **X** with care. **TL** along pavement, after 200m  
**TR** at **WM** into enclosed path for 25M (**FPS**) **CONT** with hedge on **R** for 50m then  
hedge on **L** for 50m **CONT** across field for 400M to finish at **RD** by Crossing Church.

**Map Ref: TL 79520**



## ESSEX WAY STAGE 5 - CRESSING to GREAT TEY (9.4 miles)

START - CRESSING CHURCH (Map Ref: TL 795204)

### Key

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;**  
**CONT = continue; THRU = through; ST = stile; WM = waymark;**  
**FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);**  
**TK = track; RD = road; KG = kissing gate.**  
**All distances are approximate**

- 1** From FPS, follow TK 200M (church on **L**) to **X** earth bridge. CONT 200M in same direction & pass under power lines (twin poles on **L**).  
CONT 150M on TK. At fence **TR** to WM (by white 'DOGS ON LEAD' sign).  
CONT ahead 40M on field edge TK to WM.  
**TL** and follow broad grass TK 100M to WM.  
CONT ahead 200M on gravel TK (becoming cement), passing pond on your **L**, to RD.
- 2** **TR** and follow RD 250M & **X** RD to FPS on **L**.  
**TL** and CONT ahead 60M on broad grass TK to field.  
**TL** (WM) and CONT on TK (hedge on **L**) to edge of field and **TR** (WM) THRU gap ahead.  
CONT 300M on field edge (hedge on **R**) to 2<sup>nd</sup> WM.  
**TL** and **X** field 250M aiming for WM at **R** end of hedge opposite.
- 3** **TR** at WM for 200M on field edge (ditch on **L**) to WM at gap in hedge.  
CONT ahead 100M (hedge on **L**) to WM directly under power lines. **TL** THRU gap.  
CONT ahead 300M on field edge (hedge, later ditch, on **R**) to TK junction & WM.  
**TR** & CONT 200M (ditch on **L**) to corner of woods. CONT ahead 250M to lane.
- 4** **X** lane and **TL** for 15M to FPS.  
**TR** to follow narrow enclosed TK (eventually with fence on **R**) for 150M & pass **THRU** wooden barrier. **X** quarry RD & pass **THRU** wooden barrier.  
**CONT** straight ahead 80M to WM (by twin power poles).  
Enter wood and follow clear track for short distance 'til it exits wood again. **CONT** ahead on narrow TK to end and **X** FPS at RD.
- 5** **TR** uphill on RD 250M to FPS on **R** (at sharp **R** RD bend). **TL** onto wide TK.  
Follow TK 70M (hedge on **L**) to WM.  
**TR** & follow TK along field edge with wire fence on your **L**. At end of fence **CONT** ahead to Left hand field corner. (**3 miles**)
- 6** Go **L** of quarry fence 300M to WM at end of fence. **X** RD diagonally to power pole.  
**TR** to follow grass TK 200M (wire fence on **R**) to WM ('DOGS ON LEAD' sign).  
**TL** & CONT 200M (hedge/ditch then wooden fence on **R**) to WM at TK junction.  
**TR** and follow TK 100M to WM at next fence corner.  
**TL** on wide TK for 1600M. Pass buildings & reach RD at **Coggeshall**.

- 7** **X** RD to FPS. **CONT** ahead 400M down **ABBEY LANE** to FPS just past church. At '**Abbey Only**' sign **CONT** straight ahead 150M, between buildings, & **X** bridge. **CONT** 60M to **WM** (on **L**). **TL** between **ST** and electric fence. **CONT** 250M up **L** edge of field (hedge/ditch on **L**) to concrete lane, **WM** & **ST**. **X** **ST** & **CONT** ahead 200M, on **L** edge of field. **THRU** **KG** and **CONT** 100M (same direction) to wooden gate & FPS by RD. **X** RD and **TL**.
- 8** **CONT** 60M to narrow gate (on **R**) at end of low wall/hedge. **TR** 130M up field keeping hedge close on your **R**) to **WM**. **CONT** ahead on path 200M to RD. **TR** 130M to roundabout. **TR** 200M to bottom of hill. **X** RD & **TL** **THRU** wooden gate (**opposite St. Anne's Close**)
- 9** **CONT** 100M on narrow TK to field. Ahead 80M **X** field to **WM**. **CONT** ahead 200M on TK (hedge on **L**) to FPS. Climb steps to RD (**A120**). **X** RD slightly **L** to go down steps nearly opposite & **X** **ST**.
- 10** **CONT** ahead 300M on field edge (ditch on **L**) to TK junction just after leaving field. **CONT** straight ahead 600M on TK (ditch/hedge on **L**), to leave field by gap at **L** end of hedge, to TK junction. **TL** 15M to **WM**. **TR** and follow field edge 200M (ditch on **R**) at end bear **R** to FPS and lane. (**7 miles**)
- 11** **X** lane and **TR** for 20M to metal gate & **WM**. **TL** **THRU** metal gate onto TK. **CONT** 200M on grass TK (reservoir bank on **L**) to **WM** just round bend. **CONT** ahead 200M same direction (hedge/ditch on **L**) 'til TK switches to **L** of hedge. **CONT** 200M (hedge on **R** now) to **WM** and TK switches hedge sides again. **CONT** 300M (hedge on **L** again) to FPS by lane.
- 12** **TR** on lane for 100M to FPS (hidden!!) on **L** (past cream house). **TL** for 80M on wide enclosed TK to field. Follow field edge 450M (hedge on **L**) to **WM** at TK junction. **TL** & **CONT** 40M (hedge on **R**) to **WM** on **R**. **TR** and **CONT** 500M (hedge/ditch on **L**) to field corner & **X** wooden **FB** directly ahead of you. **THRU** **KG** & **CONT** 40M (hedge on **L**). **THRU** **KG** & **X** **FB** to **WM**.
- 13** **TR** & **CONT** 200M (ditch on **R**), as field bears **L** then **R** to **WM**. **TL** at **WM** & follow wire fence 200M to **WM** & **FB**. **X** **FB** & **TR** (church ahead). **CONT** 200M (hedge/ditch on **R**) then **X** field to **FB**. **X** **FB**. **CONT** 200M, on narrow enclosed TK, passing sewage works & emerge at field.
- 14** **CONT** 150M ahead (towards church), following power lines, to concrete lane. **X** lane to narrow enclosed TK opposite. **CONT** 100M bearing **R** at path junction to **WM** just before field. **CONT** 100M up **L** edge of field to \*finish at wooden gate (Great Tey Church ahead 50M **R**).

\* Map Ref: TL 892258

**ESSEX WAY STAGE 6 - GREAT TEY TO WEST BERGHOLT (5.7 miles)**

**START - CHEQUERS PUB (Map Ref: TL 892258)**

**Key**

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;  
CONT = continue; THRU = through; ST = stile; WM = waymark;  
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);  
TK = track; RD = road; KG = kissing gate.**

**All distances are approximate**

- 1 1** (Pub on your **R**) Go 100M down RD to RD junction. **X** RD.  
**TL** and **CONT** 120M down **CHAPPEL ROAD** to RD junction. (take care)  
**CONT** 200M along pavement in same direction (signed '**CHAPPEL**') 30mph sign.  
20M on **TR** at **FPS** (may be hidden by growth) immediately after ornate stone fence.
- 2** **CONT** 200M on narrow path, becoming narrow **TK**, through gap in hedge.  
**CONT** 250M along field edge (hedge on **L**) to **WM** at corner of field.  
**TL** to **X** earth bridge. **CONT** 250M (hedge on **R**) bearing **L** to **WM** in hedge.  
**TR** **THRU** gap in hedge & down steps to enclosed green lane.
- 3** **TL** and follow green lane 150M until it is no longer enclosed. **CONT** 10M to **FPS**.  
**TR** to another **FPS**. **CONT** ahead 80M on enclosed **TK** to **WM** at its end (on your **R**).  
**TR** up earth steps and immediately **TL**. Follow field edge 80M (hedge on **L**) to gap in  
hedge and **WM**. **THRU** gap and **CONT** (hedge on **L**) 300M down field edge to exit at  
**FPS**.
- 4** **CONT** 10M & **TR** onto gravel **TK**. **CONT** 60M on **TK** to railway bridge.  
**X** railway bridge and **CONT** 100M to '**BACONS FARM**'.  
**CONT** ahead 20M (new buildings on **R**) & **TR** (still on the **TK**).  
**CONT** 30M to metal field gate (on **L**). **TL** & go **THRU** small metal gate.  
Follow L edge of field (hedge/wire fence on **L**) 300m down to concrete bridge.  
**Important note - there is no diagonal footpath across this field**
- 5** **TR** and **CONT** 200M (river on **L**) to go **THRU** metal gate and **X** **FB**. (**2 miles**)  
**CONT** 250M (river still on **L**) to **X** ditch by earth bridge (Oak tree on your **R**).  
**CONT** ahead 300M 'til **TK** bears **R** away from river for 20M (opposite white house).  
Bear **L** again (parallel but not beside river). **CONT** 750M (hedge on **L**) to **TK** junct.  
**CONT** head 80M in same direction (hedge **L**/nursery **R**) to next **TK** junction.  
**CONT** ahead 50M (hedge **L**/nursery **R**) to concrete WWII pill-box.

- 6** CONT 50M **X** lawn (river on **L**) & 200M on narrow riverside TK to wooden fence.  
**TR** between fences 20M then **TL** over FB & follow narrow TK 100M to RD.  
**X RD**. **TL** for 60M & **X** bridge to pub car entrance.  
**TR** (pub on **L**, sorry!!) & **X** pub car-park to grass.  
CONT across grass (picnic tables on **R**) & **X** earth bridge to field.
- 7** **TR** and follow field edge 200M to bear **L** at power pole.  
CONT ahead 300M on field edge (trees away to your **R**) to next power pole.  
**TR** and then CONT ahead 300M on field edge (river on **R** again) to pass through gate to FPS by RD. (**4 miles**) **X** road to gap in hedge almost opposite.
- 8** Pass THRU gap in hedge & up steps.  
Follow field edge (hedge on **L**) 150M & **X** to other side of 'hedge'.  
CONT ('hedge' on **R** now) past WM following field edge 300M to **X** FB.  
CONT 200M (same direction) to FB over river. **DO NOT X THE RIVER**  
CONT ahead (same direction) **Xing** over metal FB.
- 9** CONT following TK **through FB** to small metal gate.  
**THRU** gate & CONT 350M on field edge (hedge on **L**) to hidden WM  
Pass THRU gap and turn 1/2 right & **TR**. CONT 150M following TK across field to gap.  
CONT ahead 180M on very clear TK to pass ruined red brick building & come to gate.
- 10** **THRU** gate. CONT 450M on TK, later uphill, to pass barn then THRU metal gate in front  
**CONT ahead 50M on concrete TK to hay barn (corrugated rounded roof)**.  
Bear **L** 60m uphill to WM on power pole.  
**TL** 15M on wide TK .
- 11** CONT 400M on TK following power lines to WM (in front of power pole).  
Pass to **R** of stile & CONT 150M (hedge on **L**) to pass ST (on your **L**).  
40M on **X** ST.
- 12** Follow edge of field (wire fence on **L**) 50M to **ST** on **L**.  
**X** ST & **TR** to finish by the \*church.

\* Map Ref: TL 953281

**ESSEX WAY STAGE 7 - WEST BERGHOLT - DEDHAM (11.2 miles)**

**START - ST MARY'S CHURCH, WEST BERGHOLT (Map Ref: TL 953281)**

**Key**

**L = left; R = right; TL = turn Left; TR = turn right; X = cross over;  
CONT = continue; THRU = through; ST = stile; WM = waymark;  
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);  
TK = Track; RD = road; KG = kissing gate.  
All distances are approximate.**

- 1 TR** past church at WM onto narrow TK (hedge on **L**) following direction of overhead power cables. CONT 200M to emerge onto wide TK. 50M on **TL** and CONT following power cables (where main TK bears **R**). At WM CONT ahead on enclosed path 100M to barrier.
- 2 X RD** and CONT straight ahead on NEW CHURCH ROAD for 550M to end of RD. **TL X RD** at Zebra Xing (to CO OP) and **TL**. CONT 200M to RD junction (roundabout).  
**BEAR R** for 50M and **X RD** into ARMOURY ROAD.
- 3 CONT** down ARMOURY ROAD for 500M to FPS on **L** (just before half-timbered farmhouse). **TL** passing farmhouse (now on your **R**) for 50M and **BEAR R** into field. CONT 100M on field edge (hedge/ditch on **R**) to WM.
- 4 TL** and follow TK uphill over field (poplar tree just visible over the top) then down for 250M to **X FB**. CONT straight ahead 300M to other side of next field.  
**TL** and **X** earth bridge to WM. Here **TURN HALF RIGHT** (aim for corner of orchard) and **X** field \*diagonally 200M to meet grass TK near WM. **TL** on TK and CONT 60M to meet tarmac lane. (\*If field difficult to **X** go round the **R** edge.)
- 5 TR** and follow lane for 100M out past farm buildings. CONT straight ahead for 600M to main RD (A134). **TL** and CONT (HALF BUTT INN on your **L**) for 500M to 2nd mini roundabout. Here **X MAIN RD** into IVY LODGE ROAD and CONT for 400M to bottom of hill and hidden FPS just after white SAXON HOUSE sign on **L**. (3 MILES)
- 6 TL** at FPS THRU metal barriers and CONT 350M on narrow TK to gravel track (wooden fence on your **R**). CONT ahead on track eventually concrete, (pass lake on your **L**) for 650M, following line of overhead cables. Just after passing under the cables, **TR** (to pass under them again by WM) and CONT on this track for 550M (**Do not TL at first WM sign**), to where track bears **L** cross pipeline just before the woods. At WM **TR** to enter the woods.
- 7 CONT** on TK to next WM. Cont on TK to WM. Exit wood. Here **BEAR L** out through lorry park and past buildings to RD. (If gates locked, pass to left hand side and CONT to RD).

- 8** **TL** at RD for 200M to RD junction. **TR** into HOLLY LANE. CONT down HOLLY LANE 900M. After passing white cottage (HOLLY LODGE COTTAGE) on your **R**, **TR** at FPSP. CONT for 70M between barns, nearer to wooden buildings on your **R**, **X** 30M of grass and CONT straight ahead at the WM.
- 9** Ahead on wide TK to WM. CONT to hedge/ditch at very far end of field. At WM here **TL** and CONT (hedge/ditch now on your **R**) for 150M to RD.  
**(5.0 MILES)**
- 10** At RD (FPS) **TR** for 100M to wooden FPS on **L** by 'DEDHAM VALE VINEYARD' sign. **TL** and follow wide gravel TK 200M to pass black wooden vineyard buildings (on your **R**). Here **BEAR L** and CONT on enclosed grass TK 250M before **Xing** to other side of hedge by FB at WM. **FIELD MAY BE OVERGROWN HERE**. CONT same direction as before (ditch on your **L**) 100M to RD opposite 'KERSEYS'.
- 11** At RD **TR** and CONT 250M (past WET LANE) to road signs. **TL** (signed NAYLAND) and CONT 250M to wooden FPS just after BOXTED HALL entrance.
- 12** At FPS **TR** and follow wide TK for 150M past wooden buildings. At TK junction **BEAR R** for 75M and just past more wooden buildings, (opposite Lt. Church Cottage), **TL** towards WM and follow field edge 200M to RD by Boxted Church.  
**(6.5 MILES)**
- 13** **EITHER**: Go through churchyard – there is a water tap by the front gate – and **TL** at the RD.  
**OR**: **TL** towards the old school. **TR** and follow narrow TK for 75M to RD.  
**TL** at the RD.
- 14** CONT ahead on the RD for 1000M, and when it eventually starts going downhill **TR** at FPS just past pink cottage on your **R**, (CHASE COTTAGE).
- 15** CONT ahead following wide TK which soon goes downhill for 150M then uphill another 500M to FPS on **R**.  
**FORK R** here, and CONT to end of Large metal building.  
**TL** and CONT (wooden farm office on your **R**) to FPS to **R** of barn.  
**TL** and follow field edge as it bears round **R**. **Ignore WM on L**.

- 16** At FP signpost TL past gate CONT straight **X** grass triangle and ahead on RD for 500M to FPS on **R** by wooden gate (just before **L** bearing bend in RD).  
**X** stile and CONT ahead to **X** field for 300M aiming for 1st (sticking out!) corner. Follow edge of field (hedge on your **L**) for 100M passing house and **TL** THRU gap to enter gravel drive.  
**TR** and CONT 100M on drive to reach RD.  
**TL** at RD for 30M to FPS on your **R**. **(8.1 MILES)**
- 17** **TR** up steps and **X** field for 400M. At WM (just before 1st tree) CONT ahead (ditch on **R**) 150M to next WM.  
**X** FB and then **X** field (slightly leftish) for 350M aiming for hedge gap and then aim for red brick lodge. Exit field by FPS at RD and **X** the RD.
- 18** CONT ahead on tarmac TK (beware speed bumps) 200M to TK junction. Bear **L** for 40M and **TR** to **X** FB and KG. **X** field, bearing slightly **L** and **X** KG and FB
- 19** CONT ahead 300M on field edge (trees on **R**) to where hedge starts. CONT ahead 100M with hedge on **L** to WM by gap in hedge. **DO NOT CUT CORNER**.  
**TR** uphill following wide TK for 100M to MP where BR on enclosed path.  
CONT ahead on wide TK to pass LANGHAM CHURCH.  
**(9.4 MILES)**.  
At end of next wooden fence and opposite metal gates, **TL** and CONT on tarmac drive (with church on your **L**).  
CONT 650M to exit drive via ornate gates to RD.
- 20** **TL** and follow footpath downhill 150m.  
**TR** just before large black/white arrows (chevrons) and **X** RDs and road bridge over A12  
CONT downhill 100M and **TL** into hotel entrance (signed 'MILSOMS' on **L**).
- 21** Follow drive for 50M to end of hedge (on your **R**).  
**TR** here (directly opposite start of the building). Follow TK downhill THRU trees for 75M thru gap.
- 22** CONT ahead 75M with river on **L** to pass THRU KG.  
CONT ahead (river still on **L**) 200M to wooden gate. (Church is now your target).  
**TR** THRU KG. **TL** & CONT ahead on good TK by field edge, church in the distance (hedge/trees on **L**) for 250M to farm.  
Follow TK (farm on **L**) and CONT ahead on wide TK 150M to the RD.  
  
**TL** at RD and follow for 200M to finish at \*war memorial (just past church).

**\* Map Ref: TM 058332**

**ESSEX WAY STAGE 8 - DEDHAM - BRADFIELD** (8 miles)

**START - WAR MEMORIAL, DEDHAM (Map Ref: TM 058332)**

**Key**

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;  
CONT = continue; THRU = through; ST = stile; WM = waymark;  
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);  
TK = track; RD = road; KG = kissing gate.**

**All distances are approximate**

- 1 TR** at war memorial. Follow narrow gravel TK 200M to FPS just past brick pavilion. **TR** for 50M on field edge to just before red dog loo. **TL THRU** gap and **X ST**. Straight ahead 100M over field and **THRU KG**.  
**Straight ahead 100M over field and THRU KG.**  
Straight ahead 100M over field to **X ST** and **X FB**.
- 2** after 20M TK forks-take left fork and **X** field diagonally 100M to new FB by stream. **CONT** ahead up **R** edge of field (fence on your **L**) to corner and **X ST** by FG. **X** over small lawn and **THRU** metal gate. **TL** for 30M passing in front of pink cottage and **THRU** small wooden gate.
- 3 CONT** ahead on lane 50M to RD. **TR** on RD for 175M to pass white house (on your **L**) 'HUNTER'S MOON'. Immediately **TL** onto gravel lane for 35M and **TL** 20M over brick paved driveway to WM. **TR** at WM and follow narrow TK 70M to KG.
- 4 CONT** ahead as TK bears uphill and **X** field diagonally 100M towards thin poplar tree. **X ST** by FPS to RD. **TR** on RD for 100M and **TL** into Anchor Lane.
- 5** After 30M **CONT** ahead on grass TK for 50M to WM by KG. **CONT** ahead on TK to **X** field 200M & go **THRU** wooden gate & **X FB**. **CONT** 150 M with wire fence on both sides, go **THRU** wooden gate, **CONT** 100M (hedge on **R**) & go **THRU** wooden gate. **CONT** 100M downhill, wooden fence on **R**, to go **THRU** wooden gate. **CONT** 50M downhill & go **THRU** wooden gate to road.
- 6 TR** uphill 100M on RD, bear **R** round bend, and 50M on **TL** to **X** ditch and **THRU** KG. **X** field diagonally **R** 150M to go **THRU** KG to RD. **X** RD slightly **R** to FPS. **TL** over ditch & follow narrow enclosed TK 50M to go **THRU** KG. **CONT** between wooden fences and **THRU** several more KGs (watch out for rabbit holes). **CONT** straight across field 200M downhill (wooden fence parallel 20M to **R**) to KG by **YELLOW DANGER SIGN. (2 miles)** **THRU** KG, **X ST**, and **X** railway line. **X ST** after railway, slight left 30M and then **X ST** & **X FB**. **CONT** 150M uphill (**ignore** side TKs) on main TK to emerge at WM & gravel TK.



- 7 TL & follow gravel TK 400M to TK junction. CONT ahead bearing L round bend and then 100M on to bear R at next bend (ignore farm entrance on L). CONT 100M downhill to pass THRU wooden gates (on R) just past cottages.**  
Follow R field edge (hedge on R) 200M passing wooden power pole to metal gate.  
**THRU FG and ahead 20M on grass TK to RD.**
- 8 TR on RD 300M to R bend. Just round bend TL at FPS THRU wooden gate.**  
300M on gravel TK to X KG on R (by FG). X field half L 100M & go THRU KG.  
20M to road (LAWFORD CHURCH ahead) TR to WM at R side of churchyard. TL  
down narrow FP(church on L) approx. 50M to go THRU wooden gate. 30 M to  
WM.3.3miles
- 9 Bear R downhill 250 M in field (aiming for L end of tall hedge) and & X stream by  
earth bridge. TL 30M to KG and CONT round & uphill (keep woods on your R)  
100M to go THRU metal KG on R. TL 150M on wide TK to main RD.**  
**X RD VERY CAREFULLY & TL downhill 50M to FPS by red dog loo.**
- 10 TR and follow grass TK downhill, keep R and R at bottom WM on FB to X FB then  
CONT uphill bearing R(ish) 150 M to red dog loo.**  
**CONT Half R 150M X field on dirt TK to corner of wire school fence.**  
**TL onto tarmac path (wire fence on R). Follow 500M to FPS by RD.**
- 11 X RD & CONT (railway on L) down then uphill 300M to TL over railway bridge at  
TRINITY ROAD. 50M on TR into SOUTH STREET. (4.7 miles)**  
Follow South Street 350M down to the very bottom by blue 'JEWSON' sign.  
**TR 200M to RD junction. CONT on pavement (river on L) for 650M to MISTLEY  
TOWERS. 150M up hill, just past 'THORN HOTEL', is EDME factory on R. TR  
here passing along the whole length of the factory (on your L).**
- 12 THRU metal gate in wire fence, TR for 20M, TL at WM THRU tunnel.**  
Exit THRU white KG. X field slightly half R (almost parallel to power lines) for 250M  
to go THRU metal KG by WM. X lane and immediately go THRU 2<sup>nd</sup> metal KG.
- 13 CONT 200M straight across field (aim for wooden power pole) to ST by WM.**  
Do NOT X the ST. (6.1 miles) TL (barbed wire fence on R).  
**CONT for 30M & X earth bridge over stream. CONT 50M with woods on your R to  
go THRU KG.**
- 14 CONT ahead (ignore TK to L) bearing R initially uphill & follow main TK through  
woods for 500M (concrete posts/wire fence will be on your immediate L nearly all  
the time). After leaving main woods CONT to end of concrete posts & then CONT  
500M straight ahead (aiming for wooden end of building) to RD by FPS. (do not enter  
field on R at WM)**
- 15 X RD carefully & TR 40M to cottage (WYMARKS). TL & THRU KG.**  
Follow R edge of field 100m & THRU KG. CONT 30M to field.  
Absolutely straight 600M across field to X FB over ditch.  
CONT ahead 300M to hedge, bear left then go THRU WM gap in hedge. CONT ahead  
400M over field (power poles parallel 75M to R) to lane.  
TL at lane & follow for 500M to finish at T junction at the \*end of MILL LANE.  
**\*MAP REF: TM 144307**

**ESSEX WAY STAGE 9 - BRADFIELD TO RAMSEY (5.7 miles)**

**START - BRADFIELD COMMUNITY CENTRE (Map Ref: TM 144307)**

**Key**

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;  
CONT = continue; THRU = through; ST = stile; WM = waymark;  
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);  
TK = track; RD = road; KG = kissing gate; SA = straight ahead  
All distances are approximate**

- 1** Follow pavement 150M past church to **war memorial** (on your R).  
**TR, X RD**, and follow pavement until it runs out. **CONT** round **R** hand bend to **FPS** at end of newish wooden fence (on your L). **TL** 30M on narrow dirt **TK** & **THRU KG**.  
**CONT** 150M **SA**, in direction of railway bridge, 'til reaching **WMs**.  
**TL** directly towards river for 200+M to just before railway line. **TR** & **CONT** by railway line to railway bridge. **TL** under railway bridge & **CONT SA** 200M directly towards river. Just before **WM/ditch TR** along field edge. **CONT SA** to just immediately past old greyish wooden barn.
- 2** **CONT SA** 130M on river foreshore **TK** (may be slippery/seaweed) to start of **trees**.  
**CONT** 50M to **Nature Reserve sign**.  
**TR** and after 25M **TL** onto tarmac **TK**.  
With hedge on L follow **TK** 200M to **tarmac TK Xing**.  
**CONT** ahead 200-300M to RH bend & pass **WM** on L.  
**CONT** 30M slightly uphill to **Essex Way badged WM**.
- 3** **TL** 40M down 2 flights of steps to **WMs**.  
**TL** on 2<sup>nd</sup> TK for 40M, passing **WM**, on gravelly **TK** to flat wooden plank 'raft'.  
**X** 'raft' and **CONT** 30M to **climb steps** to seawall.  
**TR** and follow seawall 150M to **FPS** (on your R).
- 4** **TR** down steps and immediately **TL** at **FPS** through metal barrier.  
Follow enclosed grass **TK** 800M **SA** (eventually uphill) to pass bungalow.  
Facing black barn-like house **TR** 20M and **X ST** to **FPS** at **RD**.     **(2.3 miles)**
- 5** **TL** and follow **RD** 200M uphill past houses to Wrabness Church.  
**CONT** 100M on **RD** to pass green telecoms box to '**STONE LANE CARAVAN SITE**' sign.  
**TL** 500M down gravel lane towards river to end of lane (just before metal gate).  
**TR** and follow field edge 150M (wooden buildings/hedge on L).  
Just before wooden gate (**SHORE FARM**) bear **L** up to seawall.  
**TR** & **CONT** 500M on seawall **TK**, eventually field edge to **FB (WM/FPS)**.

- 6** **X FB** and **immediately TL** to follow TK 130M (woods on R) to **WM** as you exit woods. **CONT SA** 250M to **WM** (near house).  
Through metal gate, **X FB**. Ahead 40M on dirt TK; Through metal gate & **X FB**.  
**CONT SA** 700M (woods parallel on **R**) to **X FB** to **RSPB** reserve. **(4.1 miles)**
- 7** Up steps and **SA** 25M to **TK fork**.  
Bear **L** & **CONT** 200M to **X FB**.  
**SA** 150M then **bear R** uphill to wooden gate (30m after Nomads' bench).  
Pass **THRU** wooden barrier & **X railway bridge**.  
**CONT SA** ahead 350M on wide gravel TK (ignore side turnings) to pass metal field gate to main RD.
- 8** **TL** following RD to just before overhead wires (do not X RD before blind corner).  
**X RD** and on to **FPS by power pole (circular mirror/metal field gate)**.  
**TR** and follow TK 275M to pass under power lines.  
50M on **CONT SA (ignore TK going L)**.  
**CONT** 130M (pond on **L**) to **L** end of facing hedge. **(5.2 miles)**
- 9** **CONT SA** 150M on TK over field and **THRU** metal **KG**.  
**TL** and **CONT** 120M (hedge on **L**) then **THRU** metal **KG**.  
**CONT** 100M towards windmill (TK may be feint if field in crop) and **THRU** fence gap (metal **swing-barrier**) into paddock.  
**X** paddock diagonally & exit **THRU swing-gate** (you may have to unbolt).  
**CONT** ahead, same direction, under overhead wires diagonally to field corner. Exit **THRU** small wooden gate near windmill.  
**(THIS GATE MUST BE CLOSED AGAIN TO STOP HORSES STRAYING)**
- 10** **CONT** 100M along field edge (hedge on R/open wooden fence on L) and then **TR** (wooden fence on L) down narrow enclosed TK to RD at **RAMSEY**. **TL** 150M along RD to \***'THE CASTLE'** pub.

\* Map Ref: TM 212305

**ESSEX WAY STAGE 10 - RAMSEY TO HARWICH (5.5 miles)**

**START - CASTLE PUB, RAMSEY (Map Ref: TM 212305)**

**Key**

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;  
CONT = continue; THRU = through; ST = stile; WM = waymark;  
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);  
TK = track; RD = road; KG = kissing gate.**

**All distances are approximate**

- 1** With pub on your **L**, follow RD 20M to RD junction and **TR**.  
CONT 100M to large roundabout.  
**TL** 20M to end of barrier and **X** road.  
CONT ahead 40M (barrier on **R**) and pass hall (on your **L**).  
CONT uphill 40M on pavement and **X** road to FPS at **L** of '**KINGDOM HALL**'.
- 2** CONT ahead 30M on TK & **X FB**.  
**TL** and go 100M uphill (hedge on **L**) to corner, wire fence on your **R**.  
CONT straight ahead (same direction) 150M uphill over field aiming to **L** end of trees  
ahead in enclosed path between wire fences.  
CONT ahead 300M (trees/hedge on **R**) to WM in corner of field.
- 3** **TR** & **X FB**. **TL** and CONT 150M straight ahead to pass under power lines.  
30M on **TL** and CONT 70M to start of hedge.  
CONT 100M (hedge on **R**). THRU barrier CONT straight ahead 100M (**LITTLE  
OAKLEY MEMBERS CLUB** on **R**) to FPS by main RD.
- 4** **X RD** to FPS (bridleway).  
CONT ahead on cinder TK for 150M.  
bear **R**, CONT 300M on TK (hedge on **L** initially) to WM at TK junction.  
**TL** 100M along field edge (ditch on **R**) to WM.
- 5** **TR** and CONT 170M along field edge (ditch on **R**) to former FB at ditches meeting.  
**X FB** and CONT 200M (hedge/ditch on **R**) to end of hedge.  
CONT (same direction) 100M **X** field to WM.  
CONT ahead 700M on field edge to WM up on bank ahead. **(2.2 miles)**
- 6** Go up bank to top of seawall and **TL**. Go through **KG**.  
CONT 600M (creeks mainly on **R**) 'til TK bears **R**). Pass through **KG**.  
CONT 800M (cranes in distance) passing by caravan site (on your **L**) to reach twin  
short concrete posts – just as TK becomes tarmac.

- 7** CONT 200M ahead, bear R, 50m then bear L. Straight ahead to TK. **(3.5 miles)**  
CONT 450M on TK (water soon on your L) to cross small car park just before beach huts (WM).  
**TR** short distance to sea.  
Follow promenade RD and CONT 1000 to twin lighthouses.
- 8** CONT 1000M, still following water's edge, to start of more beach huts.  
CONT 150M to end of beach huts.  
CONT 200M (path narrows) round the headland and past the breakwater.
- 9** CONT 600M (metal security fence on **L** at first) towards lighthouse (**MARITIME MUSEUM**).  
Take left handed raised path just before lighthouse. Park on **L**. Across field 200M towards finish at \*High Lighthouse (now **NATIONAL VINTAGE WIRELESS AND TELEVISION MUSEUM**).

\*Map Ref: TM 261325