

## **ESSEX WAY STAGE 4 - LITTLE LEIGHS TO CRESSING (10.1 miles)**

**START - St JOHN'S CHURCH (Map Ref: TL 719167)**

### **Key**

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;  
CONT = continue; THRU = through; ST = stile; WM = waymark;  
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);  
TK = track; RD = road; KG = kissing gate.**

**All distances are approximate    Each paragraph covers about 1 mile**

- 1** Ahead (church on your **L**) and take first lane on **R**  
CONT 200M to junction and **TR** on White's Lane.  
CONT 300M to track, ahead between bollards follow TK for 300M round bends.  
Through underpass, bear left between bollards, bear **R** and **X RD**.  
**TR** to Essex Way Signpost and **TL** down steps.  
**BR** onto field edge CONT 150M with ditch/stream on **R** and **X FB**.  
CONT 150M passing works gate, **TL** at **FPS** keeping fence on your **L** for 100M.
- 2** **X ST TR**, fence and hedge on your **R**, and CONT 350M to field corner.  
**TL** then **TR** and **X ST**, CONT 150M with hedge then fence on **L** to redundant **ST**.  
**X ST** in fence on **L**, **TR** on field edge passing power pole to **RD**.  
**TR** on RD for 80M, **TL** at **FPS** (before ford) up steps and **X ST**.  
**TR** with hedge on your **R** (ignore gap in hedge to R) CONT for 150M.  
CONT THRU hedge gap to **X ST**, CONT 200M across field, **X FB** and **ST**.  
CONT 450M across field (may be boggy!!) with hedge on your **L** & **X ST** to RD.
- 3** **X RD**, bearing **R** to green metal barrier  
**TL** on track with hedge on **L** for 50M.  
At end of hedge CONT uphill in same direction on TK for 450M to ditch corner.  
CONT ahead, with ditch then hedge on **L**, for 120M to field corner.  
**TL** for 100M, **TR** for 150M and pass **L** of house to RD.  
**TR** on RD, at junction keep **R** CONT 250M.  
At **FPS TR** (just after Rose Cottage).  
CONT with hedge on **R** for 100M, **TR** THRU hedge gap over earthbridge.  
**TL** and follow hedge on **L** for 300M to 2nd field corner. (ignore gap on L at WM)  
Bear **L** on narrow path to FB. (**TAKE CARE – IT IS EASILY MISSED**)

- 4 **X FB** and **CONT** straight ahead 50M **THRU** gap.  
**CONT** 350M uphill with wood on **L**, at end of wood **TL** (wood still on **L**).  
After 200M **CONT** straight ahead **THRU** hedge gap (ignore **TKs** turning **L** and **R**).  
**CONT** 250M to corner of wood and **WM**. **TL** for 50M then **TR** at **WM**.  
**X** field on grass **TK** 250M to **ST**. **X ST**, **X** field 50M and **X ST** onto **TK**.  
Follow **TK** for 250M (becoming metalled passing cottage **BEWARE DOG**).
- 5 **TL** at **RD** junction (pond on **R**). After 250M ignore lane on **L** and **CONT** 75M.  
**TL** at **RD** junction. **CONT** on **RD** for 250M (ignore “Mill Lane” on **L** to Windmill).  
**TL** at **RD** junction down “Norman Hill” **CONT** 400M to ford.  
**X FB** and walkway then **CONT** 75M uphill.  
At **RD** junction, **X RD** diagonally **L** and **TR** at **FPS** onto **TK**. **CONT** 200M to hedge.  
Bear **L** then **R**. **CONT** 250M (with hedge on **R**) to field corner and **WM**.
- 6 **TL** downhill (hedge on **R**) for 375M to field corner, **TR THRU** hedge gap.  
**TL** and after 25M **THRU** another hedge gap (**WM**) **TR** (hedge on **R**) for 300M.  
At **WM** post on **R** (30M from end of field) **TL** across field **THRU** plantation for 75M.  
At **WM** **X FB** into wood, **CONT THRU** wood on gently meandering **TK** for 100M.  
Exit wood and **TR** for 150M (wood on **R**) to **WM**.  
**TL** and cross field 250M to **X 2 STs**, **X FB** and **X** another **ST**.  
**CONT** across field 75M, pass redundant **ST**, **CONT** 75M on enclosed **TK**,  
**TR** and **X FB**. **TL** for 75M **THRU** cemetery. Pass wooden gate to **RD**.
- 7 **TR** along **RD** 200M to junction, **TR** for 250M passing **FPS**.  
**TL** at **FPS** (with **EW** sign) onto metalled **TK**, follow **TK** for 500M passing **Troys Hall**.  
**TK** becomes green & enclosed for 600M **THRU** bends and **THRU** metal gate.
- 8 **CONT** 100M, **TL** on concrete track 500M at concrete area and **WM** bear **L** into enclosed path and **CONT** 550M to cross **Maltings Farm** yard to **RD**.  
(**X ROAD VERY CAREFULLY**) **TL** for 70M, **TR** at **FPS** (signed ‘Whiteways’).  
**CONT** 250M to ‘Whiteways’, bear **L** at **White gate** onto grass 50M to **WM**.
- 9 **THRU** gap, **CONT** straight ahead (hedge to **L**) 350M to **X FB**.  
**TL** (with hedge on **R**) for 250M. **X FB** and **X ST**.  
**CONT** for 200M to **X ST**, **CONT** 150M along drive, **THRU KG** and **CONT** to **RD**.  
**TR** for 30M to **FPS** (on your **L**). **TL** along lane for 300M to **Fambridge Hall**.  
(**TAKE CARE – tricky here**) Bear **L** to pass in front of house, barn to **R**.  
At **WM** bear **L** onto grass **TK**, passing fence & barn, **CONT** for 200M  
At **TK** junction (**WM** on **R**) **TR THRU** hedge gap onto field edge for 100M  
**CONT** ahead under railway bridge.
- 10 Bear **R** and **CONT** along **TK** for 150M.  
**CONT** with hedge on **R** for 250 M and with hedge on **L** for 500M to **Newbarns Farm**.  
At **WM** **TL THRU** hedge and **TR** and **TL** & **CONT** ahead on field edge for 150M  
**CONT THRU** hedge gap for 50M **TR THRU** hedge gap  
(**TAKE CARE – VERY FAST/DANGEROUS ROAD**).  
**X RD** into enclosed path for 25M (**FPS**) (**TAKE CARE – VERY ROUGH**)  
**CONT** with hedge on **R** for 50M then hedge on **L** for 50M  
**CONT** across field for 400M to finish at **RD** by **Cressing Church**.  
**Map Ref: TL 795204**