## ESSEX WAY STAGE 1 - EPPING to CHIPPING ONGAR (7.5 miles)

## START - EPPING STATION (MapRef: TL462016)

## Key

$\mathrm{L}=$ left; $\mathrm{R}=$ right; TL = turn left; $\mathrm{TR}=$ turn right; $\mathrm{X}=$ cross over;
CONT = continue; THRU = through; ST = stile; WM = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; RD = road; $K G=$ kissing gate.
All distances are approximate
$1 \mathbf{X}$ railway FB and TL. Ahead 100M to main RD. X main RD and TR for 50 M downhill to FPS.
TL and go ahead 150M (hedge on your R) to field. CONT ahead HALF R 200M to gap in hedge. THRU gap and TL. Ahead 400M to meet RD by red brick house.

2 TL at RD for 30M and TL at FPS. Ahead 150M and bear R at fork (WM). Follow enclosed TK for 700M to small clearing. X clearing straight over, under power lines, and CONT on track (more power lines on your $\mathbf{R}$ ) 250M to RD.

3 At RD TR ('Theydon Oak' pub on your $\mathbf{L}$ ) X RD and continue for 100M. TL at FPS by twin telegraph poles just BEFORE red 'PRIVATE’ sign on tree.

4 Pass THRU posts and CONT ahead 75M to go THRU gap. Bear L (keeping hedge on your $\mathbf{L}$ ) for 350 M to gap. THRU gap follow field edge $\mathbf{L}$ (it is legitimate to partly cut this corner) 300M to gap. THRU gap and ahead 300M to ST beside the Nomads' bench.

5 X ST (or THRU gap in fence) and FB and TL immediately at WM. CONT 250M (ditch on $\mathbf{L}$ /woods on $\mathbf{R}$ ) over 2 FBs then bearing $\mathbf{L}$ up steps \& CONT on TK to WM. At WM TR to follow TK for 200M past school on your $\mathbf{L}$ to KG. THRU KG to cricket field. (2 miles)

6 Follow $\mathbf{R}$ edge of cricket field 40 M to end of fence. TR down steps, ignore TK on $\mathbf{R}$. 5M on, at TK fork, take $\mathbf{R}$ fork THRU woods to new red dirt path \& finally over ramp to FPS. At FPS TR.

7 CONT ahead 250M and X FB over M 11 (enjoy the view!!). Ahead 200M on TK with fields on your $\mathbf{L}$ to join wide TK. Straight ahead - do NOT bear $\mathbf{R}$ (keep wooden fence on your $\mathbf{L}$ ) short way on Wide TK then narrow TK to enter forest.
ABSOLUTELY STRAIGHT AHEAD 900M (ignore all crossing tracks) to $\mathbf{X}$ low bank ahead, $\mathbf{X}$ bridleway to WM \& $\mathbf{X} 2^{\text {nd }}$ low bank shortly to another WM.

8 ABSOLUTELY STRAIGHT AHEAD (on narrow TK now) for 400M to emerge at field. Straight ahead 500M on grass TK between fields to corner of small wood. Ahead 450M uphill (wood on your $\mathbf{R}$ ) and follow TK over open land to corner of wooded area. TAKE CARE NOW.

9 Ahead 70M and TR (WM) THRU gap - warning, easily missed (DO NOT GO UP TO THE WATER TOWER). $\mathbf{X}$ field diagonally $\mathbf{L}$ towards wooden power cable pole (uphill of the obvious pole straight across from the gap).
Go THRU gap just before pole. CONT ahead 300M with hedge on your $\mathbf{L}$ (ignore turnings to $\mathbf{L}$ ). At field corner CONT ahead to ST.
X ST and go ahead between electric fences 200M to X ST at main RD. (4.5 miles)
10 At RD TL. Pass ‘Green Man' pub (sorry!!). CONT 500M on this main RD to sharp L bend with large black and white chevron signs. TR here, X grass (keeping houses/cottages 'Weald's Farm' on your R). Ahead THRU gap into field. TR. Follow field edge for 30M and TR X FB and immediately TL.

11 Ahead 150M on narrow track (wire fence on your $\mathbf{R}$ ) to $\mathbf{X}$ FB and ST. Ahead 150M on $\mathbf{L}$ field edge to $\mathbf{X}$ ST and FB.
Ahead 800 M on L field edge (KEEP HEDGE ON YOUR L AT ALL TIMES) to pass black wooden farm building 'Widow's Farm' (on your R).
At fence corner CONT ahead 40M on Lield edge to WM. TL THRU wooden KG.
12 Ahead THRU 4 paddocks and metal curtain gates (lift clasp, pull posts apart). Bear $\mathbf{L}$ downhill 40M and TL THRU wooden KG.

13 TR and follow $\mathbf{R}$ field edge closely 150M to FPS at RD. X RD HALF L (Do NOT enter 'GREENSTED WOOD FARM) and X FB.
Ahead 400M on $\mathbf{L}$ field edge (under twin power lines) to $\mathbf{X}$ FB. Follow $\mathbf{L}$ field edge 400M to go $\mathbf{L}$ of fence by lone tree. Ahead following $\mathbf{L}$ field edge (fence on your $\mathbf{R}$ ) 200M to X FB to partially concreted TK.

14 TR uphill 100M to WM and THRU forecourt of brown wooden houses. CONT uphill and pass Greensted Church to FPS.
TL at FPS (Ongar) and ahead 40M to pass THRU wooden gate in white metal railings. Ahead SLIGHTLY L to gap. Ahead HALF L barbed wire fence on yout $\mathbf{R}$ to follow field edge 200M to KG and tarmac TK.
X tarmac TK and X FB. Straight ahead 850M on obvious TK. Eventually over concrete bridge to *finish stage uphill past Sainsbury's in Chipping Ongar.

* Map Ref: TL 552032


## START - CHIPPING ONGAR (Banson’s Lane Car Park - Map Ref: TL552031)

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Key
CONT = continue; EP = enclosed path; FB = footbridge (normally wood);
FPS = footpath (or bridleway) sign; KG = kissing gate; L = left;
R = right; RD = road; ST = stile; THRU = through; TK = track;
TL = turn left; TR = turn right; WM = waymark; X = cross;
All distances are approximate
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1 X main RD by Zebra Xing and TR. Ahead 100M to ‘Public Footpath Essex Way’ sign \& TL. CONT past ‘The White House’ gates bearing $\mathbf{R}$ into narrow alley. TL at RD. THRU KG and CONT ahead on TK, passing farm buildings (on your R), staying on main TK as it twists and turns until it eventually goes under power cables. Immediately TL and follow TK, in direction of power cables, to corner. TR downhill and $\mathbf{T L}$ at end of hedge (on your $\mathbf{L}$ ).
Follow TK (hedge on $\mathbf{L}$ ) straight ahead to RD ... BUT ... just BEFORE RD turn $\mathbf{R}$ at gate. CONT downhill (hedge on $\mathbf{L}$ then wooden fence). TL THRU gap in wooden fence \& up steps to RD. ( $11 / 4$ miles)
$2 \mathbf{X}$ MAIN RD carefully. Ahead at FPS down steps bearing $\mathbf{R}$ then $\mathbf{L}$ for 50M THRU gap to RD. X RD. At FPS THRU gap (hedge \& metal gate), CONT straight ahead, hedge on L, to WM, CONT ahead $\mathbf{X}$ field to $\mathbf{W M}$, straight ahead, at WM TR, (Trees on L) at WM CONT ahead, at WM TL. Follow track, river on R, to X FB, CONT with river on $\mathbf{R}$ Xing FBs (over ditches) en route but NOT Xing river yet. At $2^{\text {nd }}$ metal railed bridge over river TR \& X FB. ( $\mathbf{2}^{3} / 4 \mathrm{miles}$ )

3 TL and CONT ahead, after 30M TL then almost immediately TR into *green lane (hedges both sides). Exit green lane and CONT on broad TK to RD.
*[DO NOT FOLLOW THE FIELD EDGE - it is NOT a public right of way and the landowners now object strongly.]

4 CONT ahead on RD for 90 M and then TR at FPS (Bridleway) by telegraph post into green lane. CONT ahead to emerge at field edge for 250M then re-enter green lane and CONT ahead to RD.

5 TR to CONT on RD passing 'The Barn', 'Little Witney Green', \& 'Wit’s End’ (on your $\mathbf{L}$ ) and then 30 metres after 'Private Road’ sign, TR X FB (WM). Follow EP to $\mathbf{W M}$ and exit into field. CONT ahead and THRU gap in hedge (seen soon) at WM, CONT ahead $X$ field to exit by WM and FB to RD. ( $41 / 4 \mathrm{miles}$ )

6 At RD TL for 400M (Take care, bends in RD). Where RD bends $\mathbf{L}$ at road sign, Millers Green Road, CONT ahead and IMMEDIATELY TR at FPS THRU hedge, $\mathbf{X}$ FB and TL (keep hedge/fence on $\mathbf{L}$ ). 20 metres after path turns L, TR at WM (aim for church tower) to $\mathbf{X}$ field and $\mathbf{X}$ FB (WM). TL before bearing R. At WM CONT ahead on field edge uphill, ignore $\mathbf{L}$ turnings, to eventually TL to X FB (WM), TR to go THRU gate, and pass between Willingale churches to RD. ( 5 miles)

7 X RD \& CONT ahead at FPS (between wooden fences then with hedge on $\mathbf{R}$ ) for $21 / 2$ fields, then at wide hedge gap, $\mathbf{X}$ to follow other side of hedge, in same direction, to WM just before field corner. TL over FB and CONT ahead (hedge on $\mathbf{R}$ ) to corner. TR, $\mathbf{X}$ ditch and TL. CONT with hedge on $\mathbf{L}$ to $\mathbf{W M}$ at field corner.

8 TR following TK, ditch on L, for 100M to TL at WM and X FB (WM) over ditch and straight ahead on TK (ditch on $\mathbf{L}$ ) for 300M to arrive at RD (Take Care).

9 X RD \& CONT ahead on Byway (L of power pole) for 700M to T junction at lane. TR and CONT for 500M then TL at FPS on bend ( 25 M before ‘Private Property’ sign). ( $61 / 2$ miles)

10 CONT 1000M (turning $\mathbf{R}$ with TK) \& $\mathbf{T L}$ at sharp corner (WM) then 1300 M on $\mathbf{T K}$, ignoring any TKs off, to eventually emerge at FPS by lane. CONT ahead on lane for 500 M to main RD. ( $\mathbf{8}^{1} / 4$ miles)

11 X MAIN RD HALF L to FPS in lay-by and CONT on Byway for 900M (hedge on $\mathbf{R}$ at first then bearing $\mathbf{R}$ to go between hedges at $\mathbf{W M}$ ). Emerge on hard surfaced lane passing house and barn to reach RD at junction.

12 TL over bridge, pass 2 white houses and then VERY soon TL at FPS just after telegraph post into EP. At end TL, follow $\mathbf{L}$ side of field to $\mathbf{X}$ FB in corner and TR. CONT 200M up $\mathbf{R}$ edge of field to FPS and CONT ahead $\mathbf{X}$ field aiming for $\mathbf{R}$ (ish) side of church spire.

13 At WM X FB and follow $\mathbf{L}$ edge of graveyard to pass $\mathbf{L}$ side of church exiting onto RD. TL and finish is 150 M away by *CROSSROADS. ( $91 / 2$ miles)

* Map Ref: TL 625122


## ESSEX WAY STAGE 3 - GOOD EASTER to UTIE LEGHS (9.5 miles)

## START- GOOD EASTER (Map Ref: TL626123)

## Key

$\mathrm{L}=$ left; $\mathrm{R}=$ right; TL = turn left; TR = turn right; X = cross over;
CONT = continue; $T H R U$ = through; $S T$ = stile; $W M$ = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; $\mathrm{RD}=$ road; $\mathrm{KG}=$ kissing gate.
All distances are approximate
1 From crossroads follow RD signed 'Pleshey' for 50M to FPS (Bridleway) and TL. Ahead 10M and TR at FPS to follow field edge (houses to $\mathbf{R}$ ) for 200 M to TK junction. At TK junction turn $\mathbf{L}$ and CONT with ditch, then hedge, on your $\mathbf{R}$ for 650 M to $\mathbf{X}$ FB to RD.

2 TR at RD and CONT for 300 M to $2^{\text {nd }}$ sharp $\mathbf{R}$ bend in RD (ignore $1^{\text {st }}$ bend and FPS). TL here (FPS) onto Byway and CONT 500M to sharp $\mathbf{L}$ turn. Here TR at red gate (now only red gate posts) with WM. CONT ahead 300M, between fences, to black metal gate (now only black gate posts). IGNORE L OR R TURNS follow enclosed bridleway for 1200M to RD (Stagden Cross).
(2 MILES)
3 At RD TR, past red postal box (no longer there), for 50M to RD junction. CONT ahead, signed
'Chelmsford', for 150M and turn L at FPS (BYWAY) just after end of hedge. Ahead on gravel TK between trees (ignoring L/R turns) for 1000M to emerge at field. CONT ahead on field edge track, with hedge and ditch on $\mathbf{R}$, eventually becoming TK for 1000M to RD (just after farm buildings on your $\mathbf{R}$ ).

4 At RD CONT straight ahead for 400M (passing ‘Pleshey Grange' \& red post box on your R) to TR (at FPS) onto Bridleway opposite road junction. CONT, sticking to main bridleway at all times, for 800 M to RD.
(4 MILES)
5 At RD TL and follow main road through Pleshey village (ignore L RD turns) for 850M to reach Anglia Water metal gate, on your $\mathbf{R}$, just past 'Mount House'. Go up to gate and TL following extremely close by fence then ditch (on your $\mathbf{L}$ ) for 450M passing WM to $\mathbf{X}$ ditch on earth bridge by another WM.

6 Immediately TR, ditch now on your $\mathbf{R}$, and CONT ahead on field edges for 1000 M to where concrete bridge crosses ditch. TL for 50M towards reservoir and TR at WM following TK at bottom of bank.

7 TL (with field edge) for very short distance then TR \& CONT on TK with hedge on your $L$ (ditch parallel on $R$ about 50M away).

Follow this TK for 450M until just before next reservoir. TR off main TK at WM for 50M and CONT on TK as it bears L. Follow TK (bank on L, ditch on R) for 200M to RD.

8 X RD to FPS and CONT ahead, hedge on your $\mathbf{L}$, for 800 M (ignoring path to $\mathbf{L}$ ) to reach RD (Great Waltham). (6.5 MILES)
$9 \mathbf{X}$ main RD to FPS and go THRU KG. CONT slightly half $\mathbf{R}$ (ish) across park passing just to $\mathbf{R}$ of metal railings encircling three trees to reach white KG after 200M. THRU KG, immediately $\mathbf{X}$ drive and pass THRU another KG. CONT 100M across park to next KG. Pass THRU this KG and TR on drive.

10 CONT 250M down drive and bear $\mathbf{L}$ at end (Pets' cemetery) to soon $\mathbf{X}$ bridge over river and CONT short distance to $\mathbf{X}$ next bridge. Immediately bear $\mathbf{L}$ for 50 M across grass to white KG. Pass THRU KG and CONT ahead, fence on $\mathbf{L}, 450 \mathrm{M}$ to $\mathbf{X}$ ST and $\mathbf{X}$ RD to FPS. CONT ahead, fence and ditch on $\mathbf{L}$, for 400 M to $\mathbf{X}$ ST and reach main RD (A130, Essex Regiment Way). to FPS. (7.5 MILES)

11 CONT ahead, with ditch then hedge on $\mathbf{L}, 200 \mathrm{M}$ to field corner (telegraph post). CONT ahead THRU gap following line of telegraph posts to next corner. CONT ahead THRU gap and X FB to CONT with hedge/ditch on L (passing under triple overhead wires) for 800M to eventually pass between two tall hedges and reach RD by group of buildings.

12 At RD TL and follow RD THRU Chatham Green Village for 500M to RD junction. X straight over past FPS and 'NO THROUGH ROAD' sign \& CONT on concrete TK (houses on your $\mathbf{R}$ ). TK becomes dirt/grass. CONT straight ahead (ignore TK on $\mathbf{L}$ ) to emerge at field. $\mathbf{X}$ field slightly $\mathbf{R}$ to gap by FPS.

13 CONT ahead with hedge on $\mathbf{R}$ for 250M to where fence starts. Immediately TL on broad grass TK (wire fence on R) for 100 M and TR at FPS. CONT ahead, with hedge on left, for 300M to reach lane by *Little Leighs Church. (9.5 MILES)

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## ESSEX WAY STAGE 4 - UTILE LEGHSTO CRESSING (10.1 miles)

## START - StJOHN'S CHURCH (Map Ref: TL 719167)CM3 1PQ

## Key

$L$ = left; $R$ = right; $T L=$ turn left; TR = turn right; $X=$ cross over;
CONT = continue; THRU = through; ST = stile; $\mathbf{W M}$ = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; RD = road; KG = kissing gate.
All distances are approximate Each paragraph covers about 1 mile

1 Ahead (church on your $\mathbf{L}$ ) and take first lane on $\mathbf{R}$
CONT 200M to junction and TR on White's Lane.
CONT 300M to track, ahead between bollards follow TK for 300M round bends.
Through underpass, bear left between bollards, bear R and $\underline{\mathbf{X R D}}$.
TR to Essex Way Signpost cross ST and down steps.
TR onto field edge CONT 150M with ditch/stream on $\mathbf{R}$ and $\mathbf{X}$ FB.
CONT 150M passing works gate, TL at FPS keeping fence on your $\mathbf{L}$ for 100 M .
$2 \mathbf{X}$ through gap in fence $\mathbf{T R}$, fence and hedge on your $\mathbf{R}$, and CONT 350M almost to field corner.
$1 / 4 \mathbf{L}$ to go through gate, CONT 150M with hedge then fence on $\mathbf{L}$ to redundant ST.
X ST in fence on $\mathbf{L}$, TR on field edge soon bear $1 / 2 \mathbf{L}$, passing power pole to $\mathbf{R D}$.
TR on RD for 80M, TL at FPS (before ford) up steps and thru gate.
TR with hedge on your $\mathbf{R}$ (ignore gap in hedge to R ) CONT for 150 M .
CONT THRU hedge gap to X gate, CONT 200M across field, X FB and ST.
CONT 450M across field (may be boggy!!) with hedge on your $\mathbf{L} \& \mathbf{X ~ S T}$ to RD.
$3 \mathbf{X ~ R D}$, bearing $\mathbf{R}$ to green metal barrier
$\mathbf{T L}$ on track with hedge on $\mathbf{L}$ for 50 M .
At end of hedge CONT uphill in same direction on TK for 450M to ditch corner.
CONT ahead, with ditch then hedge on $\mathbf{L}$, for 120 M to field corner.
TL for 100M, TR for 150M and pass $\mathbf{L}$ of house to RD.
TR on RD, at junction keep R CONT 250M.
At FPS TR (just after Rose Cottage).
CONT with hedge on $\mathbf{R}$ for 100 M , TR over earth bridge.
TL and follow hedge on $\mathbf{L}$ for 300M (ignore gap on L at WM) 20M after field corner
TL at FPS CONT on LHFE to FB.
$4 \mathbf{X ~ F B}$ and CONT straight ahead 50M THRU gap.
CONT 350M uphill with wood on $\mathbf{L}$, at end of wood TL (wood still on $\mathbf{L}$ ).
After 200M CONT straight ahead THRU hedge gap (ignore TKs turning $\mathbf{L}$ and $\mathbf{R}$ ).
CONT 250M to corner of wood and WM. TL for 50M then TR at WM.
$\mathbf{X}$ field on grass TK 250M to gap in hedge cont. SA with wire fence on $\mathbf{L} 50 \mathrm{M}$ past metal gate on L. SA on TK for 250M (becoming metalled) passing Keepers Cottage

5 TL at RD junction (pond on R). After 250M ignore lane on $\mathbf{L}$ and CONT 75M. TL at RD junction (Hull Lane). CONT on RD for 250M (ignore "Mill Lane" on $\mathbf{L}$ to Windmill).
TL at RD junction down "Norman Hill" CONT 400M to ford.
X FB and walkway then CONT 75M uphill.
At RD junction, X RD diagonally L and TR at FPS onto TK. CONT 200M passing to $\mathbf{R}$ of metal gate, to hedge.
Bear $\mathbf{L}$ then $\mathbf{R}$. CONT 250M (with hedge on $\mathbf{R}$ ) to field corner and WM.
6 TL downhill (hedge on $\mathbf{R}$ ) for 375M to field corner, TR THRU hedge gap.
TL and after 25M THRU another hedge gap (WM) TR (hedge on $\mathbf{R}$ ) for 300 M .
At WM post on R (30M from end of field) TL across field THRU plantation for 75M. At WM X FB into wood, CONT THRU wood on gently meandering TK for 100M.
Exit wood and TR for 150M (wood on $\mathbf{R}$ ) to WM.
TL and cross field 250M to X FB and CONT across field 75M, pass redundant ST, CONT 75M on enclosed TK,
TR and X FB. TL for 75M THRU cemetery to RD.
7 TR along RD 200M to junction, TR for 250M passing FPS.
TL at $2^{\text {nd }}$ FPS (with EW sign) onto metalled TK, follow TK for 500M passing Troys Hall.TK becomes green \& enclosed for 600M THRU bends and THRU metal gate.

8 CONT 100M, TL on concrete track 500M at concrete area and WM bear L into enclosed path ( DO NOT CONT.ALONG CONCRETE TRACK) and CONT 550M to cross Maltings Farm yard to RD. X ROAD TL for 70M, TR at FPS (signed 'Whiteways').CONT 250M to 'Whiteways', bear $\mathbf{L}$ at White gate onto grass 50 M to WM.

9 THRU gap, CONT straight ahead (hedge to L) 350M to X FB.
TL (with hedge on $\mathbf{R}$ ) for 250 M . $\mathbf{X}$ FB and $\mathbf{X}$ ST.
CONT for 200M to $\mathbf{X}$ ST, CONT 150M along drive, THRU KG and CONT to RD.
TR for 30M to FPS (on your L). TL along lane for 300M to Fambridge Hall.
Bear $\mathbf{L}$ to pass in front of house, barn to $\mathbf{R}$.
At WM bear $\mathbf{L}$ onto grass TK, passing fence \& barn, CONT for 200M At TK junction (WM on R) TR THRU hedge gap onto field edge for 100M CONT ahead under railway bridge.

10 Bear $\mathbf{R}$ and CONT along TK for 150M.
CONT with hedge on $\mathbf{R}$ for 250 M and with hedge on $\mathbf{L}$ for 500 M to Newbarns Farm. At WM TL THRU hedge and TR to RD, X with care. TL along pavement, after 200m TR at WM into enclosed path for 25M (FPS) CONT with hedge on $\mathbf{R}$ for 50 m then hedge on $\mathbf{L}$ for 50 m CONT across field for 400 M to finish at RD by Cressing Church.

Map Ref: TL 79520

## ESSEX WAY STAGE 5 - CRESSING to GREATTEY (9.4 miles)

## START - CRESSING CHURCH (Map Ref: TL 795204)

## Key

$L$ = left; $R=$ right; $T L=$ turn left; $T R=$ turn right; $X=$ cross over;
CONT = continue; $T H R U$ = through; $S T=$ stile; $\mathbf{W M}$ = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; $\mathrm{RD}=$ road; KG = kissing gate.
All distances are approximate

1 From FPS, follow TK 200M (church on L) to X earth bridge. CONT 200M in same direction \& pass under power lines (twin poles on $\mathbf{L}$ ).
CONT 150M on TK. At fence TR to WM (by white ‘DOGS ON LEAD' sign).
CONT ahead 40M on field edge TK to WM.
TL and follow broad grass TK 100M to WM.
CONT ahead 200M on gravel TK (becoming cement), passing pond on your $\mathbf{L}$, to RD.
2 TR and follow RD 250M \& X RD to FPS on $\mathbf{L}$.
TL and CONT ahead 60M on broad grass TK to field.
TL (WM) and CONT on TK (hedge on $\mathbf{L}$ ) to edge of field and TR (WM) THRU gap ahead.
CONT 300M on field edge (hedge on $\mathbf{R}$ ) to $2^{\text {nd }} \mathrm{WM}$.
TL and $\mathbf{X}$ field 250 M aiming for WM at $\mathbf{R}$ end of hedge opposite.
3 TR at WM for 200M on field edge (ditch on $\mathbf{L}$ ) to WM at gap in hedge.
CONT ahead 100M (hedge on $\mathbf{L}$ ) to WM directly under power lines. TL THRU gap. CONT ahead 300M on field edge (hedge, later ditch, on $\mathbf{R}$ ) to TK junction \& WM.
TR \& CONT 200M (ditch on L) to corner of woods. CONT ahead 250M to lane.
$4 \mathbf{X}$ lane and TL for 15M to FPS.
TR to follow narrow enclosed TK (eventually with fence on $\mathbf{R}$ ) for 150M \& pass
THRU wooden barrier. X quarry RD \& pass THRU wooden barrier.
CONT straight ahead 80M to WM (by twin power poles).
Enter wood and follow clear track for short distance 'til it exits wood again. CONT ahead on narrow TK to end and $\mathbf{X}$ FPS at RD.

5 TR uphill on RD 250M to FPS on $\mathbf{R}$ (at sharp $\mathbf{R}$ RD bend). TL onto wide TK. Follow TK 70M (hedge on $\mathbf{L}$ ) to WM.
TR \& follow TK along field edge with wire fence on your $\mathbf{L}$. At end of fence CONT ahead to Left hand field corner. (3 miles)

6 Go L of quarry fence 300M to WM at end of fence. X RD diagonally to power pole. TR to follow grass TK 200M (wire fence on $\mathbf{R}$ ) to WM ('DOGS ON LEAD’ sign).
TL \& CONT 200M (hedge/ditch then wooden fence on $\mathbf{R}$ ) to WM at TK junction.
TR and follow TK 100M to WM at next fence corner.
TL on wide TK for 1600M. Pass buildings \& reach RD at Coggeshall.

7 X RD to FPS. CONT ahead 400M down ABBEY LANE to FPS just past church. At 'Abbey Only’ sign CONT straight ahead 150M, between buildings, \& X bridge. CONT 60M to WM (on $\mathbf{L}$ ). TL between ST and electric fence.
CONT 250M up $\mathbf{L}$ edge of field (hedge/ditch on $\mathbf{L}$ ) to concrete lane, WM \& ST. X ST \& CONT ahead 200M, on L edge of field.
THRU KG and CONT 100M (same direction) to wooden gate \& FPS by RD. X RD and TL.

8 CONT 60M to narrow gate (on $\mathbf{R}$ ) at end of low wall/hedge.
TR 130M up field keeping hedge close on your $\mathbf{R}$ ) to WM. CONT ahead on path 200M to RD.
TR 130M to roundabout. TR 200M to bottom of hill. X RD \& TL THRU wooden gate (opposite St. Anne's Close)

9 CONT 100M on narrow TK to field. Ahead 80M X field to WM. CONT ahead 200M on TK (hedge on L) to FPS. Climb steps to RD (A120). $\mathbf{X}$ RD slightly $\mathbf{L}$ to go down steps nearly opposite \& X ST.

10 CONT ahead 300M on field edge (ditch on $\mathbf{L}$ ) to TK junction just after leaving field. CONT straight ahead 600M on TK (ditch/hedge on $\mathbf{L}$ ), to leave field by gap at $\mathbf{L}$ end of hedge, to TK junction. TL 15M to WM.
TR and follow field edge 200M (ditch on $\mathbf{R}$ ) at end bear $\mathbf{R}$ to FPS and lane. ( 7 miles)
11 X lane and TR for 20M to metal gate \& WM. TL THRU metal gate onto TK.
CONT 200M on grass TK (reservoir bank on $\mathbf{L}$ ) to WM just round bend.
CONT ahead 200M same direction (hedge/ditch on L) 'til TK switches to $\mathbf{L}$ of hedge. CONT 200M (hedge on R now) to WM and TK switches hedge sides again.
CONT 300M (hedge on $\mathbf{L}$ again) to FPS by lane.
12 TR on lane for 100M to FPS (hidden!!) on $\mathbf{L}$ (past cream house).
TL for 80M on wide enclosed TK to field. Follow field edge 450M (hedge on $\mathbf{L}$ ) to WM at TK junction.
TL \& CONT 40M (hedge on $\mathbf{R}$ ) to WM on $\mathbf{R}$.
TR and CONT 500M (hedge/ditch on $\mathbf{L}$ ) to field corner $\& \mathbf{X}$ wooden FB directly ahead of you. THRU KG \& CONT 40M (hedge on L). THRU KG \& X FB to WM.

13 TR \& CONT 200M (ditch on $\mathbf{R}$ ), as field bears $\mathbf{L}$ then $\mathbf{R}$ to WM.
TL at WM \& follow wire fence 200M to WM \& FB. X FB \& TR (church ahead). CONT 200M (hedge/ditch on $\mathbf{R}$ ) then $\mathbf{X}$ field to FB. X FB. CONT 200M, on narrow enclosed TK, passing sewage works \& emerge at field.

14 CONT 150M ahead (towards church), following power lines, to concrete lane. X lane to narrow enclosed TK opposite. CONT 100M bearing $\mathbf{R}$ at path junction to WM just before field. CONT 100M up L edge of field to *finish at wooden gate (Great Tey Church ahead 50M R).

[^1]
# ESSEX WAY STAGE 6 - GREATTEY TO WESTBERGHOLT (5.7 miles) <br> <br> START - CHEQUERS PUB (Map Ref: TL892258) 

 <br> <br> START - CHEQUERS PUB (Map Ref: TL892258)}

## Key

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CONT = continue; $T H R U$ = through; $S T=$ stile; $W M$ = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; RD = road; $K G$ = kissing gate.
All distances are approximate

11 (Pub on your $\mathbf{R}$ ) Go 100M down RD to RD junction. X RD. TL and CONT 120M down CHAPPEL ROAD to RD junction. (take care) CONT 200M along pavement in same direction (signed 'CHAPPEL’) 30mph sign. 20M on TR at FPS (may be hidden by growth) immediately after ornate stone fence.

2 CONT 200M on narrow path, becoming narrow TK, through gap in hedge. CONT 250M along field edge (hedge on $\mathbf{L}$ ) to WM at corner of field.
TL to $\mathbf{X}$ earth bridge. CONT 250M (hedge on $\mathbf{R}$ ) bearing $\mathbf{L}$ toWM in hedge.
TR THRU gap in hedge \& down steps to enclosed green lane.
3 TL and follow green lane 150M until it is no longer enclosed. CONT 10M to FPS. TR to another FPS. CONT ahead 80M on enclosed TK to WM at its end (on your $\mathbf{R}$ ). TR up earth steps and immediately TL. Follow field edge 80M (hedge on $\mathbf{L}$ ) to gap in hedge and WM. THRU gap and CONT (hedge on $\mathbf{L}$ ) 300M down field edge to exit at FPS.

4 CONT 10M \& TR onto gravel TK. CONT 60M on TK to railway bridge. $\mathbf{X}$ railway bridge and CONT 100M to 'BACONS FARM'.
CONT ahead 20M (new buildings on $\mathbf{R}$ ) \& TR (still on the TK).
CONT 30M to metal field gate (on $\mathbf{L}$ ). TL \& go THRU small metal gate.
Follow L edge of field (hedge/wire fence on $\mathbf{L}$ ) 300m down to concrete bridge.
Important note - there is no diagonal footpath across this field
5 TR and CONT 200M (river on L) to go THRU metal gate and X FB. (2 miles) CONT 250M (river still on $\mathbf{L}$ ) to $\mathbf{X}$ ditch by earth bridge (Oak tree on your $\mathbf{R}$ ). CONT ahead 300M 'til TK bears $\mathbf{R}$ away from river for 20M (opposite white house). Bear $\mathbf{L}$ again (parallel but not beside river). CONT 750M (hedge on $\mathbf{L}$ ) to TK junct. CONT head 80M in same direction (hedge $\mathbf{L} /$ nursery $\mathbf{R}$ ) to next TK junction. CONT ahead 50M (hedge $\mathbf{L} /$ nursery $\mathbf{R}$ ) to concrete WWII pill-box.

6 CONT 50M X lawn (river on L) \& 200M on narrow riverside TK to wooden fence.
TR between fences 20M then TL over FB \& follow narrow TK 100M to RD.
$\mathbf{X R D}$. TL for $60 \mathrm{M} \& \mathbf{X}$ bridge to pub car entrance.
$\mathbf{T R}$ (pub on $\mathbf{L}$, sorry!!) \& $\mathbf{X}$ pub car-park to grass.
CONT across grass (picnic tables on $\mathbf{R}$ ) \& $\mathbf{X}$ earth bridge to field.
7 TR and follow field edge 200M to bear $\mathbf{L}$ at power pole.
CONT ahead 300M on field edge (trees away to your $\mathbf{R}$ ) to next power pole.
TR and then CONT ahead 300M on field edge (river on $\mathbf{R}$ again) to pass through gate to FPS by RD. ( 4 miles) $\mathbf{X}$ road to gap in hedge almost opposite.

8 Pass THRU gap in hedge \& up steps.
Follow field edge (hedge on $\mathbf{L}$ ) 150M \& $\mathbf{X}$ to other side of 'hedge'.
CONT ('hedge' on $\mathbf{R}$ now) past WM following field edge 300M to $\mathbf{X}$ FB.
CONT 200M (same direction) to FB over river. DO NOT X THE RIVER
CONT ahead (same direction) Xing over metal FB.
9 CONT following TK through FB to small metal gate.
THRU gate \& CONT 350M on field edge (hedge on $\mathbf{L}$ ) to hidden WM
Pass THRU gap and turn $1 / 2$ right \& TR. CONT 150M following TK across field to gap.
CONT ahead 180M on very clear TK to pass ruined red brick building \& come to gate.
10 THRU gate. CONT 450M on TK, later uphill, to pass barn then THRU metal gate in front
CONT ahead 50M on concrete TK to hay barn (corrugated rounded roof).
Bear L 60m uphill to WM on power pole.
TL 15M on wide TK .
11 CONT 400M on TK following power lines to WM (in front of power pole). Pass to $\mathbf{R}$ of stile \& CONT 150M (hedge on $\mathbf{L}$ ) to pass ST (on your $\mathbf{L}$ ). 40 M on X ST.

12 Follow edge of field (wire fence on $\mathbf{L}$ ) 50 M to $\mathbf{S T}$ on $\mathbf{L}$.
X ST \& TR to finish by the *church.

* Map Ref: TL 953281


## ESSEX WAY STAGE 7 - WEST BERGHOLT - DEDHAM (11.2 miles)

## START - ST MARY'S CHURCH, WEST BERGHOLT (Map Ref: TL 953281)

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Key
L = left; R = right; TL = turn Left; TR = turn right; X = cross over;
CONT = continue; THRU = through; ST = stile; WM = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = Track; RD = road; KG = kissing gate.
All distances are approximate.
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1 TR past church at WM onto narrow TK (hedge on $\mathbf{L}$ ) following direction of overhead power cables. CONT 200M to emerge onto wide TK. 50M on TL and CONT following power cables (where main TK bears $\mathbf{R}$ ). At WM CONT ahead on enclosed path 100 M to barrier.

2 X RD and CONT straight ahead on NEW CHURCH ROAD for 550M to end of RD. TL X RD at Zebra Xing (to CO OP) and TL. CONT 200M to RD junction (roundabout).
BEAR R for 50M and $\mathbf{X}$ RD into ARMOURY ROAD.
3 CONT down ARMOURY ROAD for 500M to FPS on $\mathbf{L}$ (just before halftimbered farmhouse). TL passing farmhouse (now on your $\mathbf{R}$ ) for 50M and BEAR R into field. CONT 100M on field edge (hedge/ditch on $\mathbf{R}$ ) to WM.

4 TL and follow TK uphill over field (poplar tree just visible over the top) then down for 250M to X FB. CONT straight ahead 300M to other side of next field.
TL and $\mathbf{X}$ earth bridge to WM. Here TURN HALF RIGHT (aim for corner of orchard) and X field *diagonally 200M to meet grass TK near WM. TL on TK and CONT 60M to meet tarmac lane. (*If field difficult to $\mathbf{X}$ go round the $\mathbf{R}$ edge.)

5 TR and follow lane for 100M out past farm buildings. CONT straight ahead for 600M to main RD (A134). TL and CONT (HALF BUTT INN on your $\mathbf{L}$ ) for 500M to 2nd mini roundabout. Here X MAIN RD into IVY LODGE ROAD and CONT for 400 M to bottom of hill and hidden FPS just after white SAXON HOUSE sign on L. (3 MILES)

6 TL at FPS THRU metal barriers and CONT 350M on narrow TK to gravel track (wooden fence on your $\mathbf{R}$ ). CONT ahead on track eventually concrete, (pass lake on your $\mathbf{L}$ ) for 650M, following line of overhead cables. Just after passing under the cables, TR (to pass under them again by WM) and CONT on this track for 550M (Do not TL at first WM sign), to where track bears $\mathbf{L}$ cross pipeline just before the woods. At WM TR to enter the woods.

7 CONT on TK to next WM. Cont on TK to WM. Exit wood.
Here BEAR L out through lorry park and past buildings to RD. (If gates locked, pass to left hand side and CONT to RD).

8 TL at RD for 200M to RD junction. TR into HOLLY LANE. CONT down HOLLY LANE 900M. After passing white cottage (HOLLY LODGE COTTAGE) on your $\mathbf{R}$, TR at FPSP. CONT for 70M between barns, nearer to wooden buildings on your $\mathbf{R}, \mathbf{X}$ 30M of grass and CONT straight ahead at the WM.

9 Ahead on wide TK to WM. CONT to hedge/ditch at very far end of field. At WM here TL and CONT (hedge/ditch now on your $\mathbf{R}$ ) for 150M to RD. (5.0 MILES)

10 At RD (FPS) TR for 100M to wooden FPS on $\mathbf{L}$ by ‘DEDHAM VALE VINEYARD’ sign. TL and follow wide gravel TK 200M to pass black wooden vineyard buildings (on your $\mathbf{R}$ ). Here BEAR L and CONT on enclosed grass TK 250M before Xing to other side of hedge by FB at WM. FIELD MAY BE OVERGROWN HERE. CONT same direction as before (ditch on your $\mathbf{L}$ ) 100M to RD opposite 'KERSEYS'.

11 At RD TR and CONT 250M (past WET LANE) to road signs. TL (signed NAYLAND) and CONT 250M to wooden FPS just after BOXTED HALL entrance.

12 At FPS TR and follow wide TK for 150 M past wooden buildings. At TK junction BEAR R for 75M and just past more wooden buildings, (opposite Lt. Church Cottage), TL towards WM and follow field edge 200M to RD by Boxted Church. (6.5 MILES)

13 EITHER: Go through churchyard - there is a water tap by the front gate - and TL at the RD.
OR: TL towards the old school. TR and follow narrow TK for 75M to RD. TL at the RD.

14 CONT ahead on the RD for 1000M, and when it eventually starts going downhill TR at FPS just past pink cottage on your $\mathbf{R}$, (CHASE COTTAGE).

15 CONT ahead following wide TK which soon goes downhill for 150M then uphill another 500 M to FPS on $\mathbf{R}$.
FORK R here, and CONT to end of Large metal building. TL and CONT (wooden farm office on your $\mathbf{R}$ ) to FPS to $\mathbf{R}$ of barn.
$\mathbf{T L}$ and follow field edge as it bears round $\mathbf{R}$. Ignore WM on $\mathbf{L}$.

16 At FP signpost TL past gate CONT straight $\mathbf{X}$ grass triangle and ahead on RD for 500M to FPS on $\mathbf{R}$ by wooden gate (just before $\mathbf{L}$ bearing bend in RD).
$\mathbf{X}$ stile and CONT ahead to $\mathbf{X}$ field for 300 M aiming for 1st (sticking out!) corner.
Follow edge of field (hedge on your $\mathbf{L}$ ) for 100M passing house and TL THRU gap to enter gravel drive.
TR and CONT 100M on drive to reach RD.
TL at RD for 30M to FPS on your R. (8.1 MILES)
17 TR up steps and $\mathbf{X}$ field for 400M. At WM (just before 1st tree) CONT ahead (ditch on R) 150M to next WM.
$\mathbf{X}$ FB and then $\mathbf{X}$ field (slightly leftish) for 350M aiming for hedge gap and then aim for red brick lodge. Exit field by FPS at RD and $\mathbf{X}$ the RD.

18 CONT ahead on tarmac TK (beware speed bumps) 200M to TK junction. Bear $\mathbf{L}$ for 40M and TR to X FB and KG. X field, bearing slightly $\mathbf{L}$ and $\mathbf{X ~ K G ~ a n d ~ F B ~}$

19 CONT ahead 300M on field edge (trees on $\mathbf{R}$ ) to where hedge starts. CONT ahead 100M with hedge on $\mathbf{L}$ to WM by gap in hedge. DO NOT CUT CORNER.
TR uphill following wide TK for 100M to MP where BR on enclosed path.
CONT ahead on wide TK to pass LANGHAM CHURCH.
(9.4 MILES).

At end of next wooden fence and opposite metal gates, TL and CONT on tarmac drive (with church on your $\mathbf{L}$ ).
CONT 650M to exit drive via ornate gates to RD.

20 TL and follow footpath downhill 150m.
TR just before large black/white arrows (chevrons) and X RDs and road bridge over A12
CONT downhill 100M and TL into hotel entrance (signed ‘MILSOMS’ on $\mathbf{L}$ ).
21 Follow drive for 50M to end of hedge (on your $\mathbf{R}$ ).
TR here (directly opposite start of the building). Follow TK downhill THRU trees for 75M thru gap.

22 CONT ahead 75M with river on $\mathbf{L}$ to pass THRU KG.
CONT ahead (river still on $\mathbf{L}$ ) 200M to wooden gate. (Church is now your target).
TR THRU KG. TL \& CONT ahead on good TK by field edge, church in the distance (hedge/trees on $\mathbf{L}$ ) for 250 M to farm.
Follow TK (farm on $\mathbf{L}$ ) and CONT ahead on wide TK 150M to the RD.
TL at RD and follow for 200M to finish at *war memorial (just past church).

[^2]
## START - WAR MEMORIAL, DEDHAM (Map Ref: TM 058332)

## Key

$\mathrm{L}=$ left; $\mathrm{R}=$ right; $\mathrm{TL}=$ turn left; $\mathrm{TR}=$ turn right; $\mathrm{X}=$ cross over;
CONT = continue; $T H R U$ = through; $S T=$ stile; $W M$ = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; RD = road; $K G=$ kissing gate.
All distances are approximate

1 TR at war memorial. Follow narrow gravel TK 200M to FPS just past brick pavilion. TR for 50M on field edge to just before red dog loo. TL THRU gap and X ST.
Straight ahead 100M over field and THRU KG.

## Straight ahead 100M over field and THRU KG.

Straight ahead 100M over field to X ST and X FB.
2 after 20M TK forks-take left fork and X field diagonally 100M to new FB by stream. CONT ahead up $\mathbf{R}$ edge of field (fence on your $\mathbf{L}$ ) to corner and $\mathbf{X}$ ST by FG.
$\mathbf{X}$ over small lawn and THRU metal gate.
TL for 30M passing in front of pink cottage and THRU small wooden gate.
3 CONT ahead on lane 50M to RD.
TR on RD for 175M to pass white house (on your L) 'HUNTER'S MOON'. Immediately TL onto gravel lane for 35M and TL 20M over brick paved driveway to WM. TR at WM and follow narrow TK 70M to KG.

4 CONT ahead as TK bears uphill and $\mathbf{X}$ field diagonally 100M towards thin poplar tree. X ST by FPS to RD. TR on RD for 100M and TL into Anchor Lane.

5 After 30M CONT ahead on grass TK for 50M to WM by KG.
CONT ahead on TK to $\mathbf{X}$ field 200M \& go THRU wooden gate $\& \mathbf{X}$ FB.
CONT 150 M with wire fence on both sides, go THRU wooden gate, CONT 100M (hedge on $\mathbf{R}$ ) \& go THRU wooden gate. CONT 100M downhill, wooden fence on $\mathbf{R}$, to go THRU wooden gate.
CONT 50M downhill \& go THRU wooden gate to road.
6 TR uphill 100M on RD, bear $\mathbf{R}$ round bend, and 50M on TL to $\mathbf{X}$ ditch and THRU KG. X field diagonally $\mathbf{R}$ 150M to go THRU KG to RD.
X RD slightly $\mathbf{R}$ to FPS. TL over ditch \& follow narrow enclosed TK 50M to go
THRU KG. CONT between wooden fences and THRU several more KGs (watch out for rabbit holes).
CONT straight across field 200M downhill (wooden fence parallel 20M to R) to KG by YELLOW DANGER SIGN. (2 miles)
THRU KG, X ST, and X railway line. X ST after railway, slight left 30M and then X ST \& X FB.
CONT 150M uphill (ignore side TKs) on main TK to emerge at WM \& gravel TK.

7 TL \& follow gravel TK 400M to TK junction. CONT ahead bearing $L$ round bend and then 100 M on to bear $\mathbf{R}$ at next bend (ignore farm entrance on $\mathbf{L}$ ). CONT 100M downhill to pass THRU wooden gates (on $\mathbf{R}$ ) just past cottages.
Follow $\mathbf{R}$ field edge (hedge on $\mathbf{R}$ ) 200M passing wooden power pole to metal gate. THRU FG and ahead 20M on grass TK to RD.

8 TR on RD 300M to $\mathbf{R}$ bend. Just round bend TL at FPS THRU wooden gate. 300M on gravel TK to X KG on $\mathbf{R}$ (by FG). X field half $\mathbf{L}$ 100M \& go THRU KG. 20M to road (LAWFORD CHURCH ahead) TR to WM at $\mathbf{R}$ side of churchyard.TL down narrow FP(church on L) approx. 50M to go THRU wooden gate. 30 M to WM.3.3miles

9 Bear $\mathbf{R}$ downhill 250 M in field (aiming for $L$ end of tall hedge) and $\& \mathbf{X}$ stream by earth bridge. TL 30M to KG and CONT round \& uphill (keep woods on your $\mathbf{R}$ ) 100M to go THRU metal KG on R. TL 150M on wide TK to main RD.
X RD VERY CAREFULLY \& TL downhill 50M to FPS by red dog loo.
10 TR and follow grass TK downhill, keep R and $\mathbf{R}$ at bottom WM on $\mathbf{F B}$ to X FB then CONT uphill bearing $\mathbf{R}$ (ish) 150 M to red dog loo.
CONT Half R 150M X field on dirt TK to corner of wire school fence. TL onto tarmac path (wire fence on R). Follow 500M to FPS by RD.
11 X RD \& CONT (railway on $\mathbf{L}$ ) down then uphill 300M to TL over railway bridge at TRINITY ROAD. 50M on TR into SOUTH STREET. ( 4.7 miles)
Follow South Street 350M down to the very bottom by blue 'JEWSON' sign.
TR 200M to RD junction. CONT on pavement (river on $\mathbf{L}$ ) for 650M to MISTLEY TOWERS. 150M up hill, just past 'THORN HOTEL', is EDME factory on R. TR here passing along the whole length of the factory (on your $\mathbf{L}$ ).
12 THRU metal gate in wire fence, TR for 20M, TL at WM THRU tunnel.
Exit THRU white KG. X field slightly half $\mathbf{R}$ (almost parallel to power lines) for 250M to go THRU metal KG by WM. X lane and immediately go THRU $2^{\text {nd }}$ metal KG.
13 CONT 200M straight across field (aim for wooden power pole) to ST by WM. Do NOT X the ST. ( 6.1 miles) TL (barbed wire fence on $\mathbf{R}$ ).
CONT for 30M \& X earth bridge over stream. CONT 50M with woods on your R to go THRU KG.

14 CONT ahead (ignore TK to $\mathbf{L}$ ) bearing $\mathbf{R}$ initially uphill \& follow main TK through woods for 500M (concrete posts/wire fence will be on your immediate $L$ nearly all the time). After leaving main woods CONT to end of concrete posts \& then CONT 500M straight ahead (aiming for wooden end of building) to RD by FPS. (do not enter field on R at WM)

15 X RD carefully \& TR 40M to cottage (WYMARKS). TL \& THRU KG.
Follow R edge of field 100m \& THRU KG. CONT 30M to field. Absolutely straight 600M across field to X FB over ditch. CONT ahead 300M to hedge, bear left then go THRU WM gap in hedge. CONT ahead 400M over field (power poles parallel 75 M to R ) to lane.
TL at lane \& follow for 500M to finish at T junction at the *end of MILL LANE.
*MAP REF: TM 144307

## ESSEX WAY STAGE 9 - BRADFIELD TO RAMSEY (5.7 miles)

## START - BRADFIELD COMMUNITY CENTRE (Map Ref: TM 144307)

## Key

$L=$ left; $R=$ right; $T L=$ turn left; $T R=$ turn right; $X=$ cross over; CONT = continue; THRU = through; ST = stile; WM = waymark; FPS = footpath (or bridleway) sign; FB = footbridge (normally wood); TK = track; $\mathrm{RD}=$ road; $\mathrm{KG}=$ kissing gate; $\mathrm{SA}=$ straight ahead All distances are approximate

1 Follow pavement 150M past church to war memorial (on your R).
TR, X RD, and follow pavement until it runs out. CONT round $\mathbf{R}$ hand bend to FPS at end of newish wooden fence (on your L). TL 30M on narrow dirt TK \& THRU KG. CONT 150M SA, in direction of railway bridge, 'til reaching WMs.
TL directly towards river for 200+M to just before railway line. TR \& CONT by railway line to railway bridge. TL under railway bridge \& CONT SA 200M directly towards river. Just before WM/ditch TR along field edge. CONT SA to just immediately past old greyish wooden barn.

2 CONT SA 130M on river foreshore TK (may be slippery/seaweed) to start of trees. CONT 50M to Nature Reserve sign.
TR and after 25M TL onto tarmac TK.
With hedge on L follow TK 200M to tarmac TK Xing.
CONT ahead 200-300M to RH bend \& pass WM on L.
CONT 30M slightly uphill to Essex Way badged WM.
3 TL 40M down 2 flights of steps to WMs.
TL on $\underline{2}^{\text {nd }} \mathbf{T K}$ for 40 M , passing $\mathbf{W M}$, on gravelly TK to flat wooden plank 'raft'.
X 'raft' and CONT 30M to climb steps to seawall.
TR and follow seawall 150M to FPS (on your R).
4 TR down steps and immediately TL at FPS through metal barrier.
Follow enclosed grass TK 800M SA (eventually uphill) to pass bungalow. Facing black barn-like house TR 20M and X ST to FPS at RD. (2.3 miles)

5 TL and follow RD 200M uphill past houses to Wrabness Church.
CONT 100M on RD to pass green telecoms box to 'STONE LANE CARAVAN SITE' sign.
TL 500M down gravel lane towards river to end of lane (just before metal gate).
TR and follow field edge 150M (wooden buildings/hedge on L).
Just before wooden gate (SHORE FARM) bear $\mathbf{L}$ up to seawall.
TR \& CONT 500M on seawall TK, eventually field edge to FB (WM/FPS).
$6 \mathbf{X}$ FB and immediately TL to follow TK 130M (woods on R) to WM as you exit woods. CONT SA 250M to WM (near house).
Through metal gate, X FB. Ahead 40M on dirt TK; Through metal gate \& X FB. CONT SA 700M (woods parallel on $\mathbf{R}$ ) to $\mathbf{X}$ FB to $\mathbf{R S P B}$ reserve. (4.1 miles)

7 Up steps and SA 25M to TK fork.
Bear L \& CONT 200M to X FB.
SA 150M then bear $\mathbf{R}$ uphill to wooden gate (30m after Nomads' bench).
Pass THRU wooden barrier \& X railway bridge.
CONT SA ahead 350M on wide gravel TK (ignore side turnings) to pass metal field gate to main RD.

8 TL following RD to just before overhead wires (do not X RD before blind corner).
X RD and on to FPS by power pole (circular mirror/metal field gate).
TR and follow TK 275M to pass under power lines.
50M on CONT SA (ignore TK going L).
CONT 130M (pond on $\mathbf{L}$ ) to $\mathbf{L}$ end of facing hedge. ( 5.2 miles)
9 CONT SA 150M on TK over field and THRU metal KG.
TL and CONT 120M (hedge on L) then THRU metal KG.
CONT 100M towards windmill (TK may be feint if field in crop) and THRU fence gap (metal swing-barrier) into paddock.
$\mathbf{X}$ paddock diagonally \& exit THRU swing-gate (you may have to unbolt).
CONT ahead, same direction, under overhead wires diagonally to field corner. Exit THRU small wooden gate near windmill.
(THIS GATE MUST BE CLOSED AGAIN TO STOP HORSES STRAYING)

10 CONT 100M along field edge (hedge on R/open wooden fence on L) and then TR (wooden fence on L) down narrow enclosed TK to RD at RAMSEY. TL 150M along RD to *‘THE CASTLE' pub.

* Map Ref: TM 212305

START - CASTLE PUB, RAMSEY (Map Ref: TM 212305)

## Key

$\mathrm{L}=$ left; $\mathrm{R}=$ right; $\mathrm{TL}=$ turn left; $\mathrm{TR}=$ turn right; $\mathrm{X}=$ cross over;
CONT = continue; $T H R U$ = through; $S T=$ stile; $W M=$ waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; RD = road; $K G$ = kissing gate.
All distances are approximate

1 With pub on your $\mathbf{L}$, follow RD 20M to RD junction and $\mathbf{T R}$.
CONT 100M to large roundabout.
TL 20M to end of barrier and $\mathbf{X}$ road.
CONT ahead 40M (barrier on $\mathbf{R}$ ) and pass hall (on your $\mathbf{L}$ ).
CONT uphill 40M on pavement and $\mathbf{X}$ road to FPS at $\mathbf{L}$ of 'KINGDOM HALL'.
2 CONT ahead 30M on TK \& X FB.
TL and go 100M uphill (hedge on $\mathbf{L}$ ) to corner, wire fence on your $\mathbf{R}$.
CONT straight ahead (same direction) 150M uphill over field aiming to $\mathbf{L}$ end of trees ahead in enclosed path between wire fences.
CONT ahead 300M (trees/hedge on $\mathbf{R}$ ) to WM in corner of field.
3 TR \& X FB. TL and CONT 150M straight ahead to pass under power lines.
30 M on TL and CONT 70M to start of hedge.
CONT 100M (hedge on R). THRU barrier CONT straight ahead 100M (LITTLE
OAKLEY MEMBERS CLUB on $\mathbf{R}$ ) to FPS by main RD.
$4 \times$ RD to FPS (bridleway).
CONT ahead on cinder TK for 150M.
bear R, CONT 300M on TK (hedge on $\mathbf{L}$ initially) to TK junction.
TL 100M along field edge (ditch on $\mathbf{R}$ ) to WM.
5 TR and CONT 170M along field edge (ditch on $\mathbf{R}$ ) to former FB at ditches meeting. X FB and CONT 200M (hedge/ditch on $\mathbf{R}$ ) to end of hedge. CONT (same direction) 100M X field to WM. CONT ahead 700M on field edge to WM up on bank ahead. (2.2 miles)

6 Go up bank to top of seawall and TL. Go through KG.
CONT 600M (creeks mainly on $\mathbf{R}$ ) until TK bears R. Pass through KG. CONT 800M (cranes in distance) passing by caravan site (on your $\mathbf{L}$ ) to reach twin short concrete posts - just as TK becomes tarmac.

7 CONT 200M ahead, bear R, 50m then bear L. Straight ahead to TK. ( 3.5 miles) CONT 450M on TK (water soon on your L) to cross small car park just before beach huts (WM).
TR short distance to sea.
Follow promenade RD and CONT 1000 to twin lighthouses.
8 CONT 1000M, still following water's edge, to start of more beach huts. CONT 150M to end of beach huts.
CONT 200M (path narrows) round the headland and past the breakwater.
9 CONT 600M (metal security fence on $\mathbf{L}$ at first) towards lighthouse (MARITIME MUSEUM).
Take left handed raised path just before lighthouse. Park on L. Across field 200M towards finish at *High Lighthouse (now NATIONAL VINTAGE WIRELESS AND TELEVISION MUSEUM).
*Map Ref: TM 261325


[^0]:    * Map Ref: TL 719167

[^1]:    * Map Ref: TL 892258

[^2]:    * Map Ref: TM 058332

